

Temple Talk



VOLUME 26 ISSUE 1

AUGUST 15 - SEPTEMBER 2010

ELUL 5770 - TISHRI 5771

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Rabbi Tracy Nathan's Premier Article: Standing at the Gates

When we complete one of the five books of Torah, we stand and chant *Hazak, hazak, v'nithazek! Be strong, be strong, and may we be strengthened.* As we say goodbye to our annual reading of that book, we acknowledge the ways in which its stories and ideas have strengthened us, and we look forward to being strengthened by the stories ahead.

We stand at a similar threshold moment now at Temple Beth Israel of Waltham. In saying goodbye to Rabbi Foust, you recognized how much the community was strengthened through his teaching, leadership, and the depth of his kindness and open-heartedness. And now, in looking ahead, there is excitement but also uncertainty, and so we remind ourselves, "*Hazak, hazak, v'nithazek – Be strong, be strong, and may we be strengthened.*"

I am writing this as I complete my first week as Temple Beth Israel's new spiritual leader, and I already feel full of gratitude for the opportunity to serve in such a warm and embracing community. As I too stand in this place of

uncertainty, I am encouraged by your warm welcome and by the commitment to community and caring I observed during the interview process. As we move together through this new beginning, I look forward to sharing our stories, to learning about you and your families, to hearing about your passions and your dreams, and to dreaming together. To facilitate some of these conversations, we are arranging several evenings at community members' homes to sit down together and hear our stories and our hopes for Temple Beth Israel (stay tuned for these dates).

Of course, we also stand as individuals and as a Jewish people at the threshold between the past and new year. This is the month of *Elul*, the month of preparation before the *Yamim Nora'im*, the Days of Awe that usher in the New Year. This is the season of *teshuvah*,

(Continued on page 3)

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Office Hours

Monday - Friday

9:00am - Noon

Upcoming Events

General Meeting and Barbeque - Sunday August 22nd at 4pm

Saturday Services - OPEN HOUSE - Come meet the Rabbi - August 28th 9:00am

Selichot - Saturday September 4th 8:45pm

Rosh Hashanah Services begin Wednesday evening September 8th at 7:30pm
(see page 5)

Sukkot - "Pizza in the Hut" - Friday September 24th at 6:45pm (see flier page 7)

Personal Reflections for Yamim Noraim

From Ellen Band

In my work with Jews by Choice, there are several subjects of Jewish study I look forward to teaching because of their personal resonance. One is the custom associated with the month of Elul when we have the opportunity of reconciling with those with whom we have an outstanding, unresolved conflict. This is a form of Teshuvah that we make with each other, *bein adam l'chavero* (between a person and his/her friend) where we try to make 'course corrections' with those who have hurt us or those whom we have hurt. In traditional circles this is known as *hatarat nedarim* and is more closely associated with vows we have made to each other and broken. There are a few manifestations of this custom. One is where a person asks others to serve as a *beit din* (a court of three) before

whom he/she asks for forgiveness for breaking a vow or commitment. There are always two sides to a story and often these sides contradict each other. Hurt feelings are just that, and it is often difficult to ascertain who is in the right and who is in the wrong. Our tradition very wisely teaches us that conflicts, in the long run, do greater damage to us when left to fester. In my studies I have learned that whether or not a vow is involved, we are obligated to ask for forgiveness from another person regardless of who is in the wrong. In other words, the action of humbling oneself by asking for forgiveness provides the possibility of reconciliation. Holding on to blame and anger only generates more of the same.

During the Selichot service that represents the formal beginning

of Yamim Noraim, we ask for forgiveness from G-d - *bein adam laMakom* (between a person and G-d). It is a deeply moving service with inspiring text and beautiful music. Asking for forgiveness from each other during the month of Elul provides an opportunity to turn away from adversity and move towards normalizing a relationship - a human-based form of Teshuvah. In a world ripe with regional conflicts and ever-mounting violence, we often feel powerless to effect any change. We do, however, have the power to bring change into our personal lives. Though it may be extremely difficult to be the one who offers the olive branch of peace, I can tell you from personal experience, that the result can be very healing.

-Ellen Band

Marks Remarks: The Best Is Yet To Come

by Mark Frydenberg

5771 marks a new year and new beginnings at Temple Beth Israel. In August, we welcomed Rabbi Tracy Nathan to join us as our rabbi. Rabbi Nathan received her ordination from the Jewish Theological Seminary in New York, in 2003. In her first few weeks with us, she has been meeting members of the Temple, working with the Cantor and the Religious Committee to prepare for the High Holidays, and beginning the process of learning more about and becoming part of our community.

High Holidays

Rabbi Nathan and Cantor Band will be leading a special program about the texts and melodies of

the High Holidays, prior to our Selichot Service at 9 pm on Saturday, September 4.

Rosh Hashanah Services will begin at 8:30 am, so we will finish in time for you to have a leisurely lunch with your family and friends and enjoy the day. If you can, join us for Tashlich at the Charles River near the Embassy Cinema that afternoon at 5pm. Services on Yom Kippur morning start at 9 am (rather than 8:30) so that you can sleep in a little longer. Please plan to come for as much of the day as you can. Yizkor will be held during Musaf, at about 12:30, on Yom Kippur. There will be a break between the end of morning

services and Minchah in the afternoon and a light break-the-fast at the end of the day.

House Meetings

This fall, Rabbi Nathan will be facilitating several informal meetings at members' homes, so we can get to know each other a little bit better, in small groups. We need to know who we are and what we value as a community, so we can begin to build it together. Watch for your invitation to attend one of these meetings.

Thanks

I would like to thank the members of the search committee who met almost weekly from January

Standing at the Gates *(Continued from page 1)*

whose root means “return” and “turn.” With the energy and enthusiasm of the summer still upon us, we are invited to look back and look ahead. We are charged with examining our lives and asked to return to moments and people of significance during that examination. The *shofar* that we began blasting on the 1st of *Elul* calls us to awaken our awareness that we have arrived at the gate between the years. This is the moment to look backward and forward to that which requires insight, understanding, forgiveness, reconciliation, healing, and transformation. We return so that we might turn and orient our lives toward that which brings life and blessing to ourselves and to others.

Anyone who has undergone the true work of *teshuvah* personally or as a community knows how hard the process is. And so, to strengthen and

inspire us, we recite the 27th Psalm each morning and evening from *Elul* through *Hoshanah Rabbah*. The psalm concludes with these words of encouragement: *Hazak v'ya'ametz libecha...* Be strong and let your heart take courage (Psalm 27:14). Whether you are continuing on your *teshuvah* journey or just starting out now, I wish you strength and look forward to gathering together at the gates on *Selichot*, *Rosh Hashanah*, and *Yom Kippur* and to celebrating our journeys, rejoicing and dancing from *Sukkot*

“Anyone who has undergone the true work of teshuvah personally or as a community knows how hard the process is.”

through *Simchat Torah*.

May you receive and give abundant blessings this New Year.

Scott and Hanan and I wish you all a sweet new year – *L’shanah tovah u’metukah*.

-Rabbi Tracy Nathan

Contact Rabbi Nathan at rabbinatehan@tbiwaltham.org 781-894-5146

Marks Remarks (continued)

(continued from page 2)

to help chart our mission, review applications, interview candidates, and support the decision making process. Thanks also to everyone who attended the congregational meetings, offered their feedback on the candidates, and trusted the process and leadership that the Religious and Search Committees put in place. After I announced that Rabbi Nathan was joining us, a member of the congregation asked me, “Are you glad that the search process is over?” “Yes,” I said. “That was easy. Now the real work begins.” We’re off to a good start, and I welcome you to be a part of all that’s yet to come.

We are busy getting ready for our High Holiday services and are busy setting up seat assignments and doing some general maintenance.

Don’t forget to send in your Temple dues which is \$300 for an individual and \$600 for a family. Extra seats are \$150 for adults and \$85 for children under age 18.

There are several items that the Temple would like to purchase but we need your help to make them possible.

- 2 new gooseneck microphones (\$1000)
- Oriental rug for the brides room (\$500)

Mahzor Dedications

We will place a label in the front cover of a new mahzor acknowledging your donation to the Goldstein/Gordon Prayer book fund in honor or in memory of your loved ones.



Please send your requested inscriptions to the Temple office along with your donation of \$36 per book.

August 2010

SCHEDULE OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6 7:42pm	7 Re'eh
8	9	10	11 1 Elul	12	13 7:32pm	14 Shoftim
15	16	17	18	19	20 7:22pm	21 Ki Teitzei
22 General Meeting	23	24	25	26	27 7:11pm	28 Ki Tavo
29	30	31				

- *Aug 22 - General Meeting and Barbeque 4:00pm*
- *Aug 28 - Rabbi Tracy Nathan leads Shabbat Service 9:00am*
- *Monday, Wednesday, Thursday and Friday - Minyan 7:00am*
- *Sunday Minyan 9:00am*

September 2010

SCHEDULE OF EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 6:59pm	4 Nitzavim Selichot
5	6	7	29 Elul Erev Rosh Hashanah	1 Tishri Rosh Hashanah	10 6:47pm Rosh Hashanah	11 Ha'Azinu
12 Cemetery Memorial Service	13	14	15	16	17 6:35pm Kol Nidre	18 Yom Kippur
19	20	21	22 Erev Sukkot	23 Sukkot	24 6:22pm "Pizza in the Hut"	25 Sukkot
26 Sukkot	27 Sukkot	28 Sukkot	29 Sukkot Hoshana Rabbah	30 Shmini Atzeret	1 6:10pm Simchat Torah	2 Bereshit

- *Monday, Wednesday, Thursday and Friday - Minyan 7:00am*
- *Sunday Minyan 9:00am*
- *Sept 4 - Selichot 8:45pm*
- *Sept 8 - Erev Rosh Hashanah Service 7:30pm*
- *Sept 9 - Rosh Hashanah Service 8:30am*
- *Sept 10 - Rosh Hashanah Service 8:30am*
- *Sept 12 - Cemetery Memorial Service 10:00am*
- *Sept 17 - Kol Nidre Service 6:15pm*
- *Sept 18 - Yom Kippur Service 9:00am*
- *Sept 24 - "Pizza in the Hut" 6:45pm*
- *Sept 30 - Erev Simchat Torah Evening Service time TBA*

High Holiday Schedule 5771

Saturday Night Sept 4	8:45pm Selichot
Wednesday Night Sept 8	7:30pm Rosh HaShanah Evening Service
Thursday Sept 9	8:30am 1'st Day Rosh HaShanah Service 5:00pm Tashlich*
* Service will take place at the Embassy Theatre parking lot off Moody Street in Waltham	
Friday Sept 10	8:30am 2'nd Day Rosh HaShanah Service
Saturday Sept 11	9:00am Shabbat Shuvah
Sunday Sept 12	9:00am Minyan
Sunday Sept 12	10:00am Cemetery Memorial Service
Weekday Minyan	7:00am
Friday Night Sept 17	6:15pm Kol Nidre
Saturday Sept 18	9:00am Yom Kippur Morning Service
**The Yizkor service will be held during Yom Kippur Musaf at approx. 12:30 pm.	
	Mincha/Neila 5:00 pm
	Tekiat Shofar and end of Yom Kippur followed by Break-the-Fast 7:30pm
Friday Night Sukkot Sept 24	6:45pm "Pizza in the Hut" Dinner and Kabbalat Shabbat *see flier

We will have Children's Services on Rosh Hashanah and Yom Kippur, as well as a babysitter for children aged 3-7.

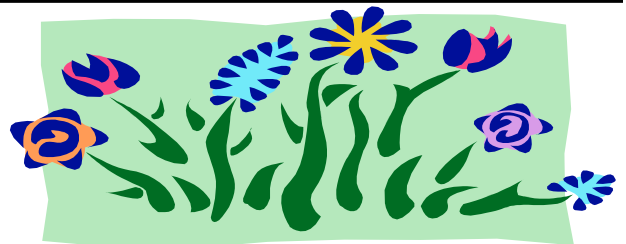
SAVE THESE DATES

Friday Night Dinner/Service	6:30pm Oct 15, Nov 19, Dec 17
Chanukah Program	Saturday Dec. 4 th

August and September Yahrzeits

Plaque Loc.	Name	Yahrzeit Date		Plaque Loc.	Name	Yahrzeit Date	
1-2	Benjamin Greenblott	18-Aug	Elul 08	4-1	Tsippa Shapiro	11-Sep	Tishri 03
5-4	Gayle Raye Schupak	20-Aug	Elul 10		Jack Victor Iskowitz	12-Sep	Tishri 04
5-4	Joseph Kennen	20-Aug	Elul 10	1-1	Rose Bronfman	12-Sep	Tishri 04
5-4	Carrie Altman	20-Aug	Elul 10	1-2	Mary Hoffman	13-Sep	Tishri 05
1-4	Sara Weinstein	20-Aug	Elul 10	1-4	Louis Sheer	13-Sep	Tishri 05
2-4	Samuel Wolf	21-Aug	Elul 11	6-2	Rose Sheer Wolk	13-Sep	Tishri 05
3-2	Nathan Weiner	22-Aug	Elul 12	1-4	Ethel Shriberg	14-Sep	Tishri 06
2-3	Mary Nochemsohn	23-Aug	Elul 13	5-4	Stefanie Claire Handel	14-Sep	Tishri 06
1-2	Louis Goldberg	23-Aug	Elul 13	3-2	Ida Pedell	15-Sep	Tishri 07
5-2	Samuel Arnold	24-Aug	Elul 14	5-1	Abraham Larks	17-Sep	Tishri 09
3-1	Jennie Bernstein	24-Aug	Elul 14	4-4	Barnett Goldstein	18-Sep	Tishri 10
1-2	Harry Goldberg	24-Aug	Elul 14	1-3	Florence Milesky	18-Sep	Tishri 10
6-4	Hyman Cohen	25-Aug	Elul 15	1-3	Minnie Krinsky	18-Sep	Tishri 10
3-2	Anna Ginsburg	25-Aug	Elul 15	5-1	Herbert Larks	18-Sep	Tishri 10
4-2	Rose Jacobs	26-Aug	Elul 16		Dena Cooper	19-Sep	Tishri 11
2-4	Rebecca Wolf	28-Aug	Elul 18	4-4	Sarah Sheinhait	20-Sep	Tishri 12
2-3	Daniel Leaken	29-Aug	Elul 19	5-1	Louis Baron	20-Sep	Tishri 12
2-1	Bessie Aronie	30-Aug	Elul 20	2-2	Louis Harris	22-Sep	Tishri 14
2-3	Dorothy Nottenburg	30-Aug	Elul 20	3-4	Rose Talent	23-Sep	Tishri 15
1-2	David Feingold	31-Aug	Elul 21	4-1	Sadie Sherman	23-Sep	Tishri 15
1-3	Louis Kniznik	1-Sep	Elul 22	1-1	Samuel Chansky	24-Sep	Tishri 16
3-2	Sarah Mendelsohn	1-Sep	Elul 22	5-2	Florence Furman	25-Sep	Tishri 17
6-3	A. Harvey Cinamon	2-Sep	Elul 23	3-4	Sylvia Pinstein	28-Sep	Tishri 20
4-4	Louis Goldstein	3-Sep	Elul 24	2-2	Samuel Nussinow	29-Sep	Tishri 21
3-3	Annie Siegel	3-Sep	Elul 24	5-2	Adolf Stux	30-Sep	Tishri 22
4-4	Abraham Crevoshay	4-Sep	Elul 25				
5-3	Hedwig Benedick	4-Sep	Elul 25				
2-3	David Pokat	5-Sep	Elul 26				
3-3	Lillian Michaelson	5-Sep	Elul 26				
5-1	Abe Grater	5-Sep	Elul 26				
1-3	Samuel Pill	5-Sep	Elul 26				
1-1	Sarah Caplan	5-Sep	Elul 26				
3-4	Doris Resnikoff	7-Sep	Elul 28				
3-4	Max Russell	8-Sep	Elul 29				
1-2	Noah Goldberg	10-Sep	Tishri 02				
1-2	Janet Greenblott	10-Sep	Tishri 02				
2-3	Annie Meilman	10-Sep	Tishri 02				

If you would like to make a donation in memory of a loved one listed above please send it along with a brief note of who you would like remembered to the Temple Office.



Temple General Meeting and Barbeque

Join us on Sunday August 22nd at 4:00pm for our Annual Meeting and Barbeque.

Please RSVP by Friday August 20th to the Temple Office so that we know you are coming.



Please Join Temple Beth Israel in the Sukkah for



Friday Sept. 24th at 5:45pm
Delicious Pizza, Service, Songs, Stories and Friends.

\$10/person \$25/family

RSVP to the Temple office by Monday Sept. 20th

Friday Night Services

We will be holding Friday Night Services the Third Friday of the month starting on October 15th at 7:30pm

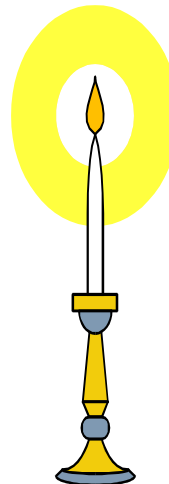
We Need Minyanaires

Services are held at 7:00am on weekdays (except Tuesday) and at 9:00am on weekends & holidays.

Kaddish

We can not always guaranty that we will have a minyan at our morning services so if you need to recite Kaddish, please let the Temple know at least 2 days ahead of time.

Candle Lighting Times



- Sept 3 6:59pm
- Sept 8 6:49pm
- Sept 9 7:47pm
- Sept 10 6:47pm
- Sept 17 6:35pm
- Sept 24 6:22pm
- Oct 1 6:10pm
- Oct 8 5:56pm
- Oct 15 5:45pm
- Oct 22 5:34pm
- Oct 29 5:24pm

Temple Beth Israel

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Phone: 781-894-5146

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Website: www.tbiwaltham.org

stamp



Donate on the web
at
www.tbiwaltham.org

- Beautification
- General Fund
- Guest Speakers
- Library
- Prayer Book
- Rabbi's Discretionary Fund
- Adult Programs
- Morris Hollender Music Appreciation Fund
- Carl Goldstein Siddur Fund
- Irving Etkind upgraded sound system fund
- Other, please specify: _____

Temple Beth Israel Donation Form

For your convenience, please use this form to make your donations and send to:
Temple Beth Israel, P O Box 540182, Waltham, MA 02454-0182

I have chosen the fund indicated at the right:

(Please use a separate form for each fund. Minimum donation: \$10)

Attached is my check in the amount of: \$ _____

The donation is being made

In Honor Of _____

In Memory Of _____

Other _____

This donation is made by:

Name: _____

Address: _____

City/State/Zip _____

Please send acknowledgement to:

Name: _____

Address: _____

City/State/Zip _____