



VOLUME 26 ISSUE 9

JULY 2011

Temple Talk

Counting On Us

By: Rabbi Tracy Nathan

The moment we make a minyan (the minimum number of Jews required to say certain prayers and to read Torah), the faces of everyone present seem quite literally to light up. The tenth person feels great but so do the other nine, for each of us knows we made a difference, and at least for that moment of that day, we contributed something just by showing up.

On the days we fall short of the minyan (which literally means “to count”), we still pray together, but we do not take out the Torah and we do not recite *Barchu*, *Kaddish*, and the *Kedusha* of the *Amidah*. What is the nature of these prayers that require their recitation only with the number of people that symbolically represents the Jewish people?

The Talmud in Berachot 21b teaches:

Rav Ada bar Ahava said: “From where do we know that one praying by oneself does not say *Kedusha*

(“Holiness”)? Because it says, ‘I will be sanctified (v’nikdashti) among the children of Israel’ (Vayikra 22:32) – every *davar she’b’kedusha* requires ten.”

This gemara teaches that sanctifying God is done by the “Children of Israel” as a group – and other passages explain why ten represents the Jewish people for the purposes of sanctification (Megilla 23b). These prayers, then, are among a class of prayers known as *devarim she’b’kedusha* - manifestations of holiness – for which a minyan is required.

One might assume that these are all prayers that speak directly about holiness, but if one looks closely, this does not seem to be the case. For example, the *Barchu*, which we consider the call to public prayer, speaks of blessing God:

Barchu et Adonai Hamevorach - Bless Adonai who is Blessed

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Rabbi: Tracy Nathan
President: Merrill Griff
Vice President: Jim Baron
Secretary: Genevieve Fosa
Treasurer: Ed Kaufman
Membership Secretary:
Diana Korzenik
Editor: Andrea Baron

Address

25 Harvard Street

P. O. Box 540182

Waltham, MA 02454

email

office@tbiwaltham.org

web site

www.tbiwaltham.org

(781) 894-5146

Office Hours

Monday - Friday

9:30am - 12:30pm

Upcoming Events

Friday Night Dinner and Service - July 15 and August 19

Service Under the Stars/Pot Luck Dinner - July 29

Tisha B'Av Service - Monday August 8th at 8:00pm,

Tuesday August 9th at 7:00am

Service Honoring Cantor Ellen Band - Saturday, August 13

Marks Remarks: Notes from the Religious Committee: A Busy Summer

By Mark Frydenberg

The Religious Committee met on June 20 to review the year and begin our High Holiday planning. Rabbi Nathan asked everyone to share something that contributed to the religious life of the community during the past year. Many people mentioned our monthly Shabbat dinners and services as the newest and most successful program we started this year. On the third Friday of each month, over 30 of us consistently have joined together for a joyful Shabbat service followed by dinner. The chapel is crowded. It feels full ... of people, of voices, and of spirit. It's a good problem to have. If you haven't been on a Friday night recently, you should come.

We recalled the Tu B'shvat seder, with its playful menu and rituals, our first-ever hidden talents talent show after the Purim Megillah reading, and the Passover seder, which "felt like home" because of the cozy table set up, the wonderful meal, and the new Maxwell House Haggadah. People also brought their own seder plates, Kiddush cups, and other ritual items from home to decorate the tables. We celebrated as four adult women in our congregation celebrated their adult bnot mitzvah, and we shared special birthdays and anniversaries with blessings and good wishes. When members lost their loved ones, we brought comfort and care to their homes at evening shiva minyanim. When a member was observing a Yahrzeit, several people heeded the call and they pitched in and woke up early to be sure we could say Mourners' Kaddish at morning minyanim during the week at the Temple.

Some mentioned the Selichot and Shavuot study sessions that Rabbi Nathan led, where we had the opportunity to study Jewish texts and learn together as a community. "We're learning how to listen to each other," a member remarked. Attendance has been up this year at many of our Shabbat morning services, and Cantor Ellen Band joined us for several Shabbat mornings as well, sharing familiar and new melodies as she participated in our services, sometimes as the hazzan, and sometimes a member of the community.

Last year after our rabbi search committee concluded its work, I shared in the newsletter a short conversation that I had with a member of the congregation. She asked me "Are you glad that the search process is over?" "Yes," I said. "That was the

easy part. Now the real work begins." It's now about a year later. During this past year, we have all done a lot of work, giving ourselves permission to try new things, as we imagine and build Temple Beth Israel together. The work continues, and it's good to know that it's beginning to pay off.

I call your attention to these upcoming events over the summer:

Two Fridays in July

Our regularly scheduled third-Friday service and dinner will be held in the Temple on July 15 at 6:30 pm (NOTE: this is a change from what was announced in last month's newsletter). In addition, we will have a special "Shabbat under the Stars," a pot luck dinner and Shabbat evening service on Friday, July 29 at the home of Susan Holbert beginning at 6:30 pm. This is an additional informal Shabbat evening service. We'll provide paper goods, soft drinks, challah, and wine or grape juice for Kiddush. Please RSVP to the Temple office if you are planning to attend. If you have an outdoor lawn chair, please bring it too!

Please bring something to share for a VEGETARIAN/DAIRY (or fish) pot-luck dinner. Recognizing that members of the community observe kashrut in different ways, these guidelines will enable us to eat together as a community:

All food will be dairy, vegetarian, or fish (tuna, salmon, and cod are examples of kosher fish - if you are uncertain, please check with the rabbi), or made with kosher ingredients. Please do not bring meat, chicken, or shellfish of any kind.

Vegetarian food prepared in a kosher kitchen or products containing a hechsher (label of kashrut certification) will go on one table (labeled "vegetarian with a hechsher").

Vegetarian food prepared in a kitchen that does not use entirely certified kosher foods will go on another table (labeled "vegetarian.")

The best guideline is, bring food you'll eat, and enough of it to share with 6 to 8 other people!

If you want to bring food for the "with a hechsher" table but do not have a kosher kitchen at home, you

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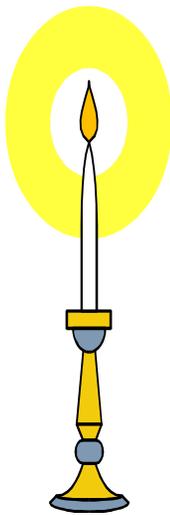
July Yahrzeits



| Plaque Loc. | Name | Yahrzeit Date | |
|-------------|-----------------------|---------------|-----------|
| 4-3 | Gertrude Riseberg | 2-Jul | Sivan 30 |
| 6-3 | Herbert Phillip Dane | 2-Jul | Sivan 30 |
| 3-1 | Hyman Benjaminson | 2-Jul | Sivan 30 |
| 1-2 | Samuel Kaitz | 2-Jul | Sivan 30 |
| 5-4 | Irma Salus | 3-Jul | Tammuz 01 |
| 6-3 | Barbara Griff Kappitt | 4-Jul | Tammuz 02 |
| 1-4 | Max Wolk | 5-Jul | Tammuz 03 |
| 2-1 | Elizabeth Berman | 5-Jul | Tammuz 03 |
| 3-3 | James Cohn | 6-Jul | Tammuz 04 |
| 1-4 | Louis Rouffe | 6-Jul | Tammuz 04 |
| 5-2 | Elizabeth Barack | 6-Jul | Tammuz 04 |
| 1-1 | Ephraim Burofsky | 7-Jul | Tammuz 05 |
| 1-2 | Benjamin Kaitz | 7-Jul | Tammuz 05 |
| 6-3 | Bernard Wolf | 8-Jul | Tammuz 06 |
| 4-1 | Joseph Norman | 9-Jul | Tammuz 07 |
| 3-1 | Louis Kaswell | 9-Jul | Tammuz 07 |
| 6-4 | Sumner Ginsburg | 10-Jul | Tammuz 08 |
| 6-3 | Harry Marion | 11-Jul | Tammuz 09 |
| | Rubin Mallick | 11-Jul | Tammuz 09 |
| 1-2 | Manuel Greenblott | 11-Jul | Tammuz 09 |
| 6-1 | Manuel Shlager | 12-Jul | Tammuz 10 |
| | Ben Goldstein | 13-Jul | Tammuz 11 |
| 1-3 | Frank Milesky | 13-Jul | Tammuz 11 |
| 3-4 | Morris Joel Tuchfeld | 14-Jul | Tammuz 12 |
| 5-2 | Elsa Stux | 14-Jul | Tammuz 12 |
| 2-3 | Philip Merowitz | 16-Jul | Tammuz 14 |
| 3-1 | Annie Margolis | 16-Jul | Tammuz 14 |
| 3-3 | Aaron Mendelsohn | 16-Jul | Tammuz 14 |
| 3-4 | Harry Smith | 17-Jul | Tammuz 15 |
| | Philip Weinstein | 17-Jul | Tammuz 15 |
| | David Freedman | 17-Jul | Tammuz 15 |
| 5-4 | Irving Altman | 18-Jul | Tammuz 16 |
| 1-4 | Moishe Simon | 18-Jul | Tammuz 16 |
| | Louis Goldstein | 19-Jul | Tammuz 17 |
| 3-2 | Philip Fischer | 19-Jul | Tammuz 17 |

| Plaque Loc. | Name | Yahrzeit Date | |
|-------------|---------------------------|---------------|-----------|
| 3-3 | Dora Levine | 20-Jul | Tammuz 18 |
| 5-2 | Hannah Canter | 20-Jul | Tammuz 18 |
| 3-1 | Bessie Hauser | 21-Jul | Tammuz 19 |
| 6-4 | Beatrice Bloom | 21-Jul | Tammuz 19 |
| 4-4 | Marc David Marion | 22-Jul | Tammuz 20 |
| 1-1 | David Bronfman | 22-Jul | Tammuz 20 |
| 3-4 | Harry Rosenfeld | 22-Jul | Tammuz 20 |
| 4-3 | Morris Canter | 23-Jul | Tammuz 21 |
| 1-2 | Bessie Gordon | 24-Jul | Tammuz 22 |
| 3-4 | Max Sulkin | 25-Jul | Tammuz 23 |
| 5-3 | Ruth Milesky | 25-Jul | Tammuz 23 |
| 4-1 | Mason Griff | 26-Jul | Tammuz 24 |
| 4-2 | Rebecca Wolk | 26-Jul | Tammuz 24 |
| 5-2 | Charlotte Shlager | 28-Jul | Tammuz 26 |
| 5-1 | Bella Larks | 29-Jul | Tammuz 27 |
| | Richard Goldberg's Father | 29-Jul | Tammuz 27 |
| 4-1 | Abraham Caplan | 31-Jul | Tammuz 29 |
| 6-3 | Andrew Wolf Decker | 31-Jul | Tammuz 29 |
| 2-1 | Esther Canter | 31-Jul | Tammuz 29 |

If you would like to make a donation in memory of a loved one listed above please send it along with a brief note of who you would like remembered to the Temple Office.



Candle Lighting Times

| | |
|---------|--------|
| July 1 | 8:07pm |
| July 8 | 8:05pm |
| July 15 | 8:02pm |
| July 22 | 7:57pm |
| July 29 | 7:50pm |
| Aug 5 | 7:42pm |
| Aug 12 | 7:33pm |
| Aug 19 | 7:23pm |
| Aug 26 | 7:12pm |

Counting On Us

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Baruch Adonai Hamevorach l'olam va'ed - Bless Adonai who is Blessed forever and for all eternity.

And the central line of the Kaddish is *y'hei shmei rabbah mevorach l'olam va'ed* – “may [God’s] great name be blessed forever and for all eternity.”

I think the Kaddish points us to the idea behind the importance of minyan. The Kaddish begins: *Yitgadal v'yitkadash sh'mei rabbah* – “May [God’s] great name increase and be made holy.” When our liturgy and Torah speak of the Divine name, it speaks of God’s Presence. *Yitgadel* means to grow and increase and be made greater. Since *kedusha* is something associated with the Divine, *devarim sheb'kedusha* are those words in which we come together to increase the Divine Presence in the world. When we engage in acts of holiness prescribed by the Written and Oral Torah, we are making manifest the Divine in the world. When we do it as part of a minyan, we have the capacity to magnify God’s Presence.

The light on everyone’s faces when we first complete that minyan is, to me, the light that comes from inviting in the Presence of the Divine, the Shekhina. And that light comes just from our presence, just from showing up (needless to say, the light is a little dimmer when we do not reach the number for a minyan).

We all know it’s not easy to rise early in the morning to come for minyan, and many of us have other pressing commitments. But I encourage you to come for a few times a year if you are new to this– and even better, make a commitment to come once a month or once every two months. If you feel grateful for the support of community in times of mourning and for a *yahrzeit* once or twice a year; extend that support to others.

The feeling of being valued and standing with others to make a world that is sometimes dark feel brighter is better than a shot of strong espresso. And in addition to the warmth of fellowship, an extra bonus if you are able to stay for a few minutes is the *l'chayyim* and light breakfast in the kitchen – and by the way, donations to the liquor cabinet are always welcome!

-Rabbi Tracy Nathan

Are you a senior or homebound person looking for a source for Kosher meals delivered to your home?

I have benefited from receiving daily delivery of delicious Kosher meals from Springwell in Watertown, 617-926-4100.

Meals arrive hot daily. They are inexpensive. They have Kosher diet meals as well as specialized diets restricted for health purposes: low lactose, restricted protein, etc.

I also have a list of other Kosher food delivery services as well. I will be happy to chat with any shul members about this.

Diana Korzenik
(617) 965-9338

From the Membership Committee

The Membership Committee is eager to help members get to weekday and Shabbat services.

Please - if you would like a ride to shul- Contact the Temple office and let Andrea know the date you would like a ride.

The Membership committee will try to match drivers to those who need a ride.

Thank you.

Diana Korzenik
Membership Secretary

Friday Night Services

There will be Friday night services and dinner on July 15th.

We Need Minyanaires

Services are held at 7:00am on weekdays (except Tuesday) and at 9:00am on weekends & 8:00am on holidays.

Kaddish

We are not able to guarantee a minyan at each morning service, so if you need a minyan on a particular day to recite Kaddish, please let the Temple know at least 2 days prior.

July 2011

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|-----|-----|---|---|---------------------------------|
| | | | | | 1 ♂ 8:07pm | 2 Chukat |
| 3 | 4 Independence Day Minyan at 8:00am | 5 | 6 | 7 Hebrew Seminar/ Discussion 7pm | 8 ♂ 8:05pm | 9 Balak Cantor Ellen Band |
| 10 | 11 Revitalization Comm. Meeting 7:00pm | 12 | 13 | 14 Hebrew Seminar/ Discussion 7pm | 15 ♂ 8:02pm Friday Night Dinner/ Service 6:30pm | 16 Pinchas Rabbi Nathan |
| 17 | 18 | 19 | 20 | 21 Hebrew Seminar/ Discussion 7pm | 22 ♂ 7:57pm | 23 Matot |
| 24 | 25 | 26 | 27 | 28 Hebrew Seminar/ Discussion 7pm | 29 ♂ 7:50pm Service Under the Stars/Pot Luck 6:30pm | 30 Masei |
| 31 | | | | | | |

If not specified, Minyan—Monday, Wednesday, Thursday and Friday is at 7:00am and on Saturday and Sunday at 9:00am.

Marks Remarks: Notes from the Religious Committee: A Busy Summer

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can buy certified kosher products, such as cakes, cookies, hummus and chips or baby carrots, Cabot cheese and crackers, lox and bagels. Pick up a kugel at the Butcherie. You can make a cold salad from kosher ingredients, or cut up fruits and veggies and serve it in a new disposable aluminum foil container.

The bakeries at Costco in Waltham, Stop and Shop in Lexington, Brighton, and Framingham are also certified kosher.

You can also make something home-made and vegetarian (mac n' cheese, tuna casserole, cooked veggies, rice, potatoes, etc.) and place them on the "vegetarian" table.

We won't be heating anything in the oven, so all food should be cold or brought already cooked and warm.

Tisha B'Av: Monday, August 8 at 8 pm

Please join us for our annual Tisha B'Av service. Cantor Ellen Band will begin the evening with a short presentation on "The music of Tisha b'Av" sharing insights into the melodies we use and sing on the holiday, as well as the reasons why much of the music is toned down for the holiday. This will be followed by an evening service and reading the book of Eicha (Lamentations)

Tisha b'Av Morning: Tuesday, August 9 at 7 am

Join us for the morning reading of Lamentations at a special Tuesday Morning minyan.

Honoring Cantor Ellen Band: Saturday, August 13

We will be honoring Cantor Ellen Band as she completes ten years of service to Temple Beth Israel. A special Kiddush lunch will follow the service.

Please join us over the summer when you're able.

Mazel Tov

To Michaela Baron on graduating Waltham High School with a scholarship from Constant Contact. She will be attending Mass Bay Community College in the Fall.

To Joshua Kennen on graduation Quinsigamond Community College with an Associates Degree in Criminal Justice. He will attend Worcester State College in the Fall as an English Major.

Donations

In memory of Shirley Port from Ellie and Hannah Handel.

In memory of Ben's mother, Rebecca, from Erika and Ben Cohen.

In memory of Jennie Shapiro from daughter, Hannah Handel and grandchildren, great grandchild and great grandchildren.

Esther Trachtman

Saturday Kiddush Sponsors

June 18 - Alan Levine in memory of his mom, Lillian.

July 23 - The Cohen Family, in honor of Erika Cohen's Birthday.

High Holidays Seating Policy for 2011/5712

Changes: Our seating policy for the High Holidays is changing and will be much more flexible this year. In the past, we have automatically reserved seats for all members. This year, we will still have reserved seating, but you will need to notify the Temple office by **September 1** if you want reserved seats.

What if I don't reserve a seat? You can sit anywhere that is not marked as "Reserved."

How can I reserve a seat? Call or write to the Temple office by September 1. Tell us how many seats you need, and where you want them. We will try to be as accommodating as possible.

Summary: This policy should be much more flexible to accommodate everyone's needs. If you want a reserved seat, notify the office. If you don't care about having a specific seat, and would rather have the flexibility of sitting in any non-reserved seat, you do not need to do anything.

Dues: Regardless of what type of seating you choose, please remember that your membership dues must be paid by September 1.

Slate of Officers

At the Annual Meeting held on July 26th the following Slate of Officers was voted on unanimously.

- President: Merrill Griff
- Vice President: James Baron
- Treasurer: Edward Kaufman
- Membership Secretary: Diana Korzenik
- Recording Secretary: Genevieve Fosa

The elected officers of TBI wish to thank the congregation for their vote of confidence in us and for your continued support.

"Shabbat under the Stars"

a pot luck dinner and Shabbat evening service on **Friday, July 29 at the home of Susan Holbert, in Waltham beginning at 6:30 pm.**

This is an additional informal Shabbat evening service. We'll provide paper goods, soft drinks, challah, and wine or grape juice for Kiddush.

Please **RSVP** to the Temple office if you are planning to attend. If you have an outdoor lawn chair, please bring it too!

Hebrew Seminar & Discussion Group

Reading and translating passages from the weekly parshah.

Meets Thursday evenings at 7, in the Temple library.

This group is led by Genevieve Fosa

Sisterhood Breakfast

Save the Date: Sunday August 28th

There will be a Sisterhood Breakfast with Mel Simons on Sunday August 28th.

For more information contact Nessie Baron 781-899-3866 or the Temple office.

Join us for Shabbat.



Welcome Shabbat with Services and Community Dinner at Temple Beth Israel

Services: 6:30 pm

Dinner: 7:30 pm

\$10 per adult, \$25 per family

Welcome Shabbat with a spirited Kabbalat Shabbat Service at 6:30 pm, led by **Rabbi Tracy Nathan**, followed by a Temple-cooked dinner at 7:30 pm, singing, and good conversation. **Reserve now!** Payment must be received by Thursday morning, the day before the dinner you are attending. We cannot accept payment at the door, and will not send bills afterward.

**Friday Nights,
July 15
August 19**

| | | | | | |
|---|-----------|----------|--------|-----------------------------------|--------|
| Names of Adults and Children Attending: | Date | | Number | | Amount |
| | July 15 | Adults | | \$10 per adult or \$25 per family | |
| Contact Phone: | August 19 | Children | | | |
| | | Adults | | \$10 per adult or \$25 per family | |
| Email: | | Children | | | |
| | | | | Payment Enclosed: | |

What is the number of vegetarian meals required at each dinner for this reservation? _____

Here's how I/we can help: (check all that apply)

- shopping
- setting tables
- cooking
- serving
- cleaning up
- making phone calls
- offering a ride to someone who otherwise couldn't come

Send your check to Temple Beth Israel, P.O. Box 540182, Waltham, MA 02454-0182. For more information, see www.tbiwaltham.org, email: office@tbiwaltham.org or call the Temple Office at (781) 894-5146.

Temple Beth Israel

25 Harvard Street
P.O. Box 540182
Waltham, MA 02454-0182

Phone: 781-894-5146

E-mail: office@tbiwaltham.org
Website: www.tbiwaltham.org

stamp

Donate on the web
at
www.tbiwaltham.org

- Beautification
- General Fund
- Guest Speakers
- Library
- Rabbi's Discretionary Fund
- Adult Programs
- Morris Hollender Music Appreciation Fund
- Carl Goldstein Memorial Fund
- Other, please specify: _____

Temple Beth Israel Donation Form

For your convenience, please use this form to make your donations and send to:

Temple Beth Israel, P O Box 540182, Waltham, MA 02454-0182

I have chosen the fund indicated at the right:

(Please use a separate form for each fund. Minimum donation: \$10)

Attached is my check in the amount of: \$ _____

The donation is being made

In Honor Of _____

In Memory Of _____

Other _____

This donation is made by:

Name: _____

Address: _____

City/State/Zip _____

Please send acknowledgement to:

Name: _____

Address: _____

City/State/Zip _____