

Temple Talk



VOLUME 27 ISSUE 11

JULY 2012
TAMMUZ—AV 5772

The Sacred and Grand Finale By: Rabbi Tracy Nathan

[After his death] Rav Nachman appeared [to Rava in a dream].

Rava asked him "Did you suffer any pain?"

Rav Nachman replied. "As little as removing a hair from a glass of milk. But were the Blessed Holy One to say to me, 'Go back to that world,' I would not consent, for the fear of death is too great."

-Babylonian Talmud, Mo'ed Katan 28a

In the last few months, I have met with two different congregants who wanted to discuss end-of-life planning with me. I felt moved and privileged to participate in these sacred conversations. Mortality is not an easy thing to confront directly and courageously. The fear and avoidance of all things related to death prevents us from thoughtfully planning ahead for this reality.

And yet, our death and the death of our loved ones is part of the sacred journey of our lives. Why not provide it with the intention and thoughtfulness that we bring to our living lives? It is also an act of great *hesed*, of the lovingkindness we can demonstrate towards our survivors, if we make these decisions and put plans in place, thereby removing a burden from our grieving loved ones.

There are Jewish choices to be made regarding dying, funeral, burial, and

mourning practices, and these decisions are usually best made in advance of the intense and challenging time of illness and death. I want to encourage you to begin having these discussions with family members or close friends if you have not already done so.

I also want to invite you to visit with me to learn more about options or discuss difficult decisions. You can make your intentions known to me or simply engage with me as a sounding board as you try to discern your wishes. We can begin a conversation, and I can put you in touch with other professionals and organizations for further information and services.

I want to list here the kinds of things you might want to consider; this is only a partial list and might not speak to all of your own individual needs, concerns, and situations.

Financial Preparations and Advance Directives for Health Care

In addition to making sure your will is up-to-date and directing the future management and ownership of your financial and other assets, you may want to consider planned giving as a way to continue supporting an organization that has played a

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Office Hours

Monday - Friday

9:30am - 12:30pm

Upcoming Events

Tall Ships Trip - Sunday July 1st

Shabbat Under the Stars - Friday July 13th (see pg 3)

Shabbat Service/Dinner - Friday July 20th 6:30pm

Tisha B'Av Services July 28 7:45pm & July 29 9:00am (see pg 6)



July Yahrzeits



Plaque Loc.	Name	Yahrzeit Date	
46-3	Harry Marion	29-Jun	Tammuz 09
1-2	Manuel Greenblott	29-Jun	Tammuz 09
	Sarah Bootin	29-Jun	Tammuz 09
	Rubin Mallick	29-Jun	Tammuz 09
	Jack Bloom	29-Jun	Tammuz 09
6-1	Manuel Shlager	30-Jun	Tammuz 10
	Mother	1-Jul	Tammuz 11
	Ben Goldstein	1-Jul	Tammuz 11
1-3	Frank Milesky	1-Jul	Tammuz 11
5-2	Elsa Stux	2-Jul	Tammuz 12
3-4	Morris Joel Tuchfeld	2-Jul	Tammuz 12
	Louise Goldman	4-Jul	Tammuz 14
2-3	Philip Merowitz	4-Jul	Tammuz 14
	David Koocher	4-Jul	Tammuz 14
3-3	Aaron Mendelsohn	4-Jul	Tammuz 14
3-1	Annie Margolis	4-Jul	Tammuz 14
3-4	Harry Smith	5-Jul	Tammuz 15
	Philip Weinstein	5-Jul	Tammuz 15
	David Freedman	5-Jul	Tammuz 15
5-4	Irving Altman	6-Jul	Tammuz 16
1-4	Moishe Simon	6-Jul	Tammuz 16
	Louis Goldstein	7-Jul	Tammuz 17
3-2	Philip Fischer	7-Jul	Tammuz 17
3-3	Dora Levine	8-Jul	Tammuz 18
5-2	Hannah Canter	8-Jul	Tammuz 18
3-1	Bessie Levine Hauser	9-Jul	Tammuz 19
6-4	Beatrice Bloom	9-Jul	Tammuz 19
3-4	Harry Joseph Rosenfeld	10-Jul	Tammuz 20
4-4	Marc David Marion	10-Jul	Tammuz 20
1-1	David Bronfman	10-Jul	Tammuz 20
4-3	Morris Canter	11-Jul	Tammuz 21
1-2	Bessie Gordon	12-Jul	Tammuz 22
3-4	Max Sulkin	13-Jul	Tammuz 23
5-3	Ruth Milesky	13-Jul	Tammuz 23
4-1	Mason Griff	14-Jul	Tammuz 24
4-2	Rebecca Wolk	14-Jul	Tammuz 24
5-2	Charlotte Pearl Shlager	16-Jul	Tammuz 26
5-1	Bella Larks	17-Jul	Tammuz 27

Plaque Loc.	Name	Yahrzeit Date	
	Richard Goldberg's father	17-Jul	Tammuz 27
4-1	Abraham Caplan	19-Jul	Tammuz 29
6-3	Andrew Wolf Decker	19-Jul	Tammuz 29
2-1	Esther Canter	19-Jul	Tammuz 29
5-3	Gladys Milesky	20-Jul	Av 01
6-3	Sylvia Levin	21-Jul	Av 02
3-2	Fannie Weiner	21-Jul	Av 02
3-3	Maurice Tushin	22-Jul	Av 03
3-4	Benjamin Sheer	23-Jul	Av 04
6-4	Sylvia Seidman	23-Jul	Av 04
5-2	Samuel Elkins	23-Jul	Av 04
4-3	Mary Simon	23-Jul	Av 04
3-1	Sarah Pearl Becker	24-Jul	Av 05
2-1	Joseph Bloomthal	24-Jul	Av 05
	Roberta Lederman	25-Jul	Av 06
3-3	Abraham Isaac Pedell	25-Jul	Av 06
1-4	Aaron Sheer	26-Jul	Av 07
4-3	Benjamin L. Lerman	27-Jul	Av 08
4-2	Joseph Kaplan	27-Jul	Av 08
2-3	Etta Meyerovitz	27-Jul	Av 08
3-4	Chaya Zacharewich	28-Jul	Av 09
6-1	Paul Lewis Ginsburg	28-Jul	Av 09
3-3	Rachel Leah Ingber	28-Jul	Av 09
	Hyman Brown	28-Jul	Av 09
	Ida Kaitz	29-Jul	Av 10
2-1	Bernard Bloomenthal	30-Jul	Av 11
2-3	Paul Onigman	30-Jul	Av 11
	Evelyn Forbes	31-Jul	Av 12
6-3	Howard P. Mermelstein	31-Jul	Av 12
4-3	Coleman Wexler	2-Aug	Av 14
4-3	Ellen Leavy	3-Aug	Av 15
	Father	4-Aug	Av 16
	Karl Meiselman	5-Aug	Av 17
2-4	Fannie Zelinetsky	5-Aug	Av 17
1-1	Dina Ella Backer	5-Aug	Av 17

If you would like to make a donation in memory of a loved one listed above please send it along with a brief note of who you would like remembered to the Temple Office.

The Sacred and Grand Finale

By: Rabbi Tracy Nathan

(Continued from page 1)

significant role in your life and which will help to perpetuate your values.

If you have not already done so, consider making advanced directives for health care part of your planning, including designating a Health Care Proxy and defining a Living Will, so that decisions can best be made for you if you are unable to make those decisions yourself.

Decisions involving Funeral and Burial Arrangements

Matters to consider are where you wish to be buried and if you want to join together in a family plot. In addition to purchasing a burial plot in advance, you may consider pre-paying for all of the funeral and burial arrangements. We can put you in touch with various funeral homes that can help you with these decisions.

You may want to learn about and consider traditional Jewish customs regarding funerals and burial:

Tahara is the ritual cleansing and preparation of the body for burial. *Tahara* is meant to honor and respect the body of the deceased and may include clothing the deceased in a white, linen garment. The funeral home or a *Hevra Kadisha* ("holy society"), a group of Jews trained in *tahara*, can arrange for this.

Shemira: It is a Jewish tradition that the body of the deceased not be left alone between death and burial, as a way of honoring the deceased. If mourners choose this option, some funeral homes may permit friends and community members to sit by the deceased during the period of *shemira*, while reading psalms and prayers. Jewish funeral homes can also make arrangements for a *shomer*, a guardian, to stay with the body during this time.

Type of casket and burial garments: Traditionally, Jews are buried in a plain wooden casket and are dressed in linen garments

(*tachrichin*) but funeral homes will offer many different types of caskets, and you may also have other desires regarding garments. These are all items you may discuss with family members, friends, rabbi, or funeral home professionals.

If you are considering cremation for yourself or a family member, you may or not be aware that cremation is a prohibited practice in traditional Jewish law. This should not prevent you from discussing this with me or another clergy member; I welcome discussing all of these matters and hope I can offer not only guidance but a listening ear to all of your desires, questions, and concerns.

For those who have family members of other religious faiths, you may have particular things you want and need to discuss. Again, I welcome your contact to discuss any matters related to your particular family circumstances.

In a time of the death of a loved one, you may wonder what to do first. First make sure you have emotional support. Call a family member, friend or someone else who can help you, particularly in the hours immediately following the death. You can also call both a funeral home and Temple Beth Israel. Funeral homes are open twenty-four hours a day. We encourage you to call the synagogue and rabbi soon after the death and let us know of your loss, so that the congregation can support you in your grief. I am available to assist you in making any decisions, particularly with regard to the ritual decisions that can provide meaning, structure, and comfort following death. If you would like me to officiate at the service, please contact the synagogue before setting a time for the funeral.

These are some of the religious and logistical matters that arise at the time of a person's death, and my hope is that I can help you navigate these items at a time when you are able to be fully engaged in the planning process. Above all, know that I am here - as is Judaism and our community - to accompany and guide you in life and through illness and death. I can only do so, however, if I am aware of a need, so never hesitate to be in touch with me.

July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 <i>Minyan 9am</i>	5	6 ^o 8:06pm	7 <i>Balak</i> <i>Member Led</i>
8	9 <i>Board Meeting</i> <i>6:30pm</i>	10	11	12	13 ^o 8:03pm <i>Service Under the</i> <i>Stars 6:30pm @ Susan</i> <i>Holbert's home</i>	14 <i>Pinchas</i> <i>Cantor Ellen Band</i>
15	16	17	18	19	20 ^o 7:58pm <i>Service/Dinner</i> <i>6:30pm</i>	21 <i>Mattot-Massei</i> <i>Rabbi Tracy Nathan</i>
22	23	24	25	26	27 ^o 7:51pm	28 <i>Devarim/Chazon</i> <i>Rabbi Tracy Nathan</i> <i>Tisha B'Av—7:45pm</i>
29 <i>Tisha B'Av morning</i> <i>service 9:00am</i>	30	31				

If not specified, Minyan—Monday, Wednesday, Thursday and Friday is at 7:00am and on Saturday and Sunday at 9:00am.

Yiddish Book Center Visit

Last Sunday, June 24, 2012 over 60 members of Temple Beth Israel and friends of Morris and Edith Hollender visited the National Yiddish Book Center in Amherst. The Center's new Lee and Alfred Hutt Discovery Gallery featured the culture of Yiddish speaking Jews, among those cited were our own Temple members, Morris and Edith Hollender!

The exhibit highlighted the stories, songs, memories and writing of both Morris and Edith. One major theme included in gallery was the vast repertoire of Morris' music and the melodies of prayers that he knows and has taught Hankus Netsky.

I'd like to publicly thank Hankus Netsky for all his arduous work. Hankus helped curate this exhibit. He organized the trip to the Yiddish Book Center and was phenomenal as a guide and interpreter of the exhibit's content which not only included the Hollender's story but also the Levitt family who were Klezmer musicians in America and the Yiddish poet, Sonia Victor.

It was an outstanding experience. For those who missed this outing, I strongly recommend visiting the Yiddish Book Center.

אָדאַ דאַנק און יאָשער קױעקױס צו האַנקוס. A Dank und yasher koyekh to Hankus.

Once again, thank you Hankus.

Merrill Griff
President

Below are some photos from our visit to the National Yiddish Book Center in Amherst, MA on Sunday June 24th. More photos can be found on our website at www.tbiwaltham.org.



Mark's Remarks:

Shabbat Under the Stars

By: Mark Frydenberg

Our regularly scheduled third-Friday service and dinner will be held in the Temple on July 20 at 6:30 pm .

In addition, we will have a special "Shabbat under the Stars," a pot luck dinner and Shabbat evening service on Friday, July 13 at the home of Susan Holbert and Pierce Butler, 24 Harris Street, Waltham ,beginning at 6:30 pm. This is an additional informal Shabbat evening service. We'll provide paper goods, soft drinks, challah, and wine or grape juice for Kiddush. Please RSVP to Susan at susan.h@rcn.com or the Temple office if you are planning to attend. If you have an outdoor lawn chair, please bring it too!

Please bring something to share for a VEGETARIAN/ DAIRY (or fish) pot-luck dinner. All food will be dairy, vegetarian, or fish (tuna, salmon, and cod are examples of kosher fish - if you are uncertain, please check with the rabbi), or made with kosher ingredients. Please do not bring meat, chicken, or shellfish of any kind. Vegetarian food prepared in a kosher kitchen or products containing a hechsher (label of kashrut certification) will go on one table (labeled "vegetarian with a hechsher "). Vegetarian food prepared in a kitchen that does not use kosher foods will go on another table (labeled "vegetarian.") The best guideline is, bring food you'll eat, and enough of it to share with 6 to 8 other people!

If you want to bring food for the "with a hechsher" table but do not have a kosher kitchen at home, you can buy certified kosher products, such as cakes, cookies, hummus and chips or baby carrots, Cabot cheese and crackers, lox and bagels. You can make a cold salad from kosher ingredients, or cut up fruits and veggies and serve it in a new disposable aluminum foil container. The bakeries at Costco in Waltham, Stop and Shop in Lexington, Brighton, and Framingham are also certified kosher. If your kitchen at home is not kosher, you can also make something home-made and vegetarian and place it on the "vegetarian" table.

We won't be heating anything in the oven, so dishes that can be served cold are best. We look forward to seeing you.

Tisha B'Av - Fast of the 9th of Av

The fast commemorates the destruction of the First and Second Temples of Jerusalem and other tragedies of Jewish history.

Shabbat Mincha, Ma'ariv for Tisha B'Av and Eicha Reading

Saturday Night, July 28, 7:45 pm

On Saturday night, July 28, the 25-hour fast of Tisha B'Av begins, in which we observe rituals for fast days and follow customs for mourning. As on Yom Kippur, the traditional practice is not to eat, drink, wash, anoint ourselves with oil, wear leather shoes, or engage in sexual relations.

We do not wear our Tallit or Tefillin at Shacharit on Sunday, July 29, but we do so at Mincha, the Afternoon Prayer, later in the day. During the reading of Eicha, we sit on the floor, as if we are sitting shiva.

Tisha B'Av Shacharit with Eicha Reading

Sunday, July 29, 9:00 am:

Tisha B'Av Mincha/Afternoon Service

We will not be holding Tisha B'Av Mincha/Afternoon Service but the community is welcome to join with Temple Emunah in Lexington, on Sunday, July 29, at 1:30 pm. <http://templeemunah.org/>

Membership Booklet

We are currently assembling, collating, and putting the finishing touches on a Temple Beth Israel Membership Directory. In September 2012 it will be published and distributed to all members.

The directory is important and useful to all us. It will provide a quick way to contact your friends and fellow congregants. It will be a resource for you to contact those community businesses who support us.

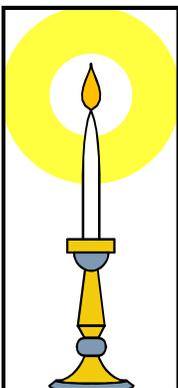
On behalf of the Membership Committee lead by Diana Korzenik and Ellen Macklin, I am inviting you to sponsor a quarter, half or full page greeting. The cost is \$25, \$50 or \$100 respectively. Your participation is a statement that you support the shul, its members and its mission. **Please send your payment made out to Temple Beth Israel and wording by August 6th to Ed Brown, 35 Lyme Road, Newton, MA 02465.**

Temple Beth Israel has been a landmark in Waltham for almost a century providing religious, social, education and entertainment programs to our members and its neighboring communities.

Thank you for consideration.

Merrill Griff

President, Temple Beth Israel



Candle Lighting Times	
June 29	8:07pm
July 6	8:06pm
July 13	8:03pm
July 20	7:58pm
July 27	7:51pm
Aug 3	7:44pm
Aug 10	7:35pm

We Need Minyanaires

Services are held at 7:00am on weekdays (except Tuesday) and at 9:00am on weekends & 9:00am on Civic Holidays.

Kaddish

We are not able to guarantee a minyan at each morning service, so if you need a minyan on a particular day to recite Kaddish, please let the Temple know at least 2 days prior.

Join us for
Shabbat.



Friday Evenings,

July 20
August 17
September 7

Welcome Shabbat with Services and Community Dinner at Temple Beth Israel

Services: 6:30 pm
Dinner: 7:30 pm

\$12 per adult, \$30 per family

Welcome Shabbat with a spirited Kabbalat Shabbat Service at 6:30 pm, led by **Rabbi Tracy Nathan**, followed by a home-cooked dinner at 7:30 pm, singing, and good conversation. **Reserve now!** Payment must be received by Thursday morning, the day before the dinner you are attending. We cannot accept payment at the door, and will not send bills afterward. Sign up for all three dinners and save!

Names of Adults and Children Attending:	Date		Number		Amount
	Contact Phone:	July 20	Adults		\$12 per adult or
Children				\$30 per family	
Email:	August 17	Adults		\$12 per adult or	
		Children		\$30 per family	
	September 7	Adults		\$12 per adult or	
		Children		\$30 per family	
Sign up for all three dinners now and save!				Discount:	
				\$5 per adult or \$15 per family	
				Payment	
				Enclosed:	

Beth Israel Memorial Park - Waltham, MA

For the past six years the individual graves at Beth Israel Cemetery have been priced at \$1700 for Temple members and \$1950 for non-members. Two abutting graves are considered to be a lot. Each lot, therefore, was priced at \$3400 for Temple members and \$3900 for non-members.

Due to rising maintenance and other related costs, the price of graves and lots will increase as of September 1, 2012. The new amount for each grave will be \$2000 for Temple members and \$2300 for non-members. Lots will cost \$4000 for Temple members and \$4600 for non-members.

If you are possibly considering the purchase of pre-need graves or lots, it would be prudent to purchase them before the price rises on September 1, 2012.

Please contact the Jewish Cemetery Association at 617-244-6509 for more information.

Get Well Soon

Helene Altman



Donations

Esther Davidson, in memory of her husband, Oscar, and her parents, Morris and Ethel Potash.

Louis Goldman and Family, in memory of Louise Goldman.

Temple Beth Israel

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Phone: 781-894-5146

E-mail: office@tbiwaltham.org
Website: www.tbiwaltham.org

July 2012 Bulletin

stamp

**It is never too late to donate. Use the form below and mail it to the Temple.
Thank you in advance.**

Donate on the web
at
www.tbiwaltham.org

- Kol Nidre Pledge
- High Holiday Donation

- General Fund
- Rabbi's Discretionary Fund
- Morris Hollender Music Appreciation Fund
- Carl Goldstein Memorial Fund

- Other, please specify: _____

Temple Beth Israel Donation Form

For your convenience, please use this form to make your donations and send to:
Temple Beth Israel, P O Box 540182, Waltham, MA 02454-0182

I have chosen the fund indicated at the right:

(Please use a separate form for each fund. Minimum donation: \$10)

Attached is my check in the amount of: \$ _____

The donation is being made

In Honor Of _____

In Memory Of _____

Other _____

This donation is made by:

Name: _____

Address: _____

City/State/Zip _____

Please send acknowledgement to:

Name: _____

Address: _____

City/State/Zip _____