



VOLUME 28 ISSUE 8

MAY 2013

IYAR—SIVAN 5773

Temple Talk

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Visions of Light and Love through the Tears of Heartbreak Hill

By: Rabbi Tracy Nathan

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The Diameter of the Bomb by Yehuda Amichai

The diameter of the bomb was thirty centimeters
and the diameter of its effective range about seven meters,
with four dead and eleven wounded.

And around these in a larger circle
of pain and time, two hospitals are scattered
and one graveyard. But the young woman
who was buried in the city she came from,
at a distance of more than a hundred kilometers,
enlarges the circle considerably,
and the solitary man mourning her death
at the distant shores of a country far across the sea
includes the entire world in the circle.

And I won't even mention the crying of orphans
that reaches up to the throne of God and
beyond, making
a circle with no end and no God.

This poem by Israel's late great poet, Yehuda Amichai, captures the enormous destructive capacity of a small piece of technology. Much as a tiny seed carries within it the potential to become a giant redwood, a bomb that can fit in a backpack can leave four dead and eleven wounded, or four dead and 264 wounded. And the circle of pain and anguish expands exponentially through all who love them. And when thirty centimeters of destructive capability is at a beloved local-international

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Office Hours

Monday - Friday

9:30am - 12:30pm

Upcoming Events

May 5 - Fermenting the Omer: Beer Brewing Workshop - 4-7pm

May 10 - Friday Night Service and Dinner 6:30pm

May 11 - Children's Service 10:45am

May 12 - Sisterhood / Mother's Day Breakfast - 10:00am

May 14, 15, 16 - Shavuot Services see page 6 for services and times

Visions of Light and Love through the Tears of Heartbreak Hill

by Rabbi Tracy Nathan

(Continued from page 1)

sporting event with participants and onlookers drawn from people around the world, we witness the making of heartbreak hills scattered throughout the globe.

We continue to grieve and pray and support through our hands and our gifts those who suffered the ultimate loss - the death of their loved ones - and the wounded who are slowly healing. And as we do, it's also worth appreciating the words of Governor Deval Patrick, that "the grace this tragedy has exposed is the best of who we are." Tragedy exposes grace, and we have indeed seen love and light through the tears of Heartbreak Hill.

There were, of course, all those who ran into the chaos, compelled by an inner call to help. There are those who have donated to help those who have been so personally and deeply affected by this violent act. There are the health and law enforcement professionals working round the clock. But in addition to all the stories we have heard, there is the story of the Boston Marathon itself.

More than 23,336 athletes ran in the 2013 race, and they were from every state and 92 countries. Unlike most major sporting events, those who line the 26.2 miles of the course are not there just to see the elite athletes; they are there to cheer on amateurs - family members and friends. And anyone who has watched the marathon knows how frequently spectators are there to cheer on complete strangers.

The Boston Marathon has evolved to show us at our most-inclusive best. In 1975, the Boston Marathon became the first major marathon to include a wheelchair division competition. It now includes people with disabilities, hosts a blind/visually impaired division, and a mobility impaired program.

John Young, a high school math teacher from Salem and this year, one of two dwarfs to run in the Marathon - perhaps for the first time- wrote to David Abel, a journalist who covered the Marathon for the Boston Globe and wrote an earlier article on Mr. Young and Juli Windsor ("Dwarfs outrunning expectations in Boston Marathon," Boston Globe, April 14, 2013):

"The Boston Marathon was the most surreal race of my life. THOUSANDS cheering me for MILES AND MILES. My goal was not a medal or even to finish. My goal was to have people realize that you can do ANYTHING you want no matter what body you have. But to run for almost six hours and listen to people cheer me on, is an experience I will never forget. Don't feel sorry I did not finish, be HAPPY I started."

In any given year, the Boston Marathon is a place to prove what human beings can do and inspire others in the process. Runners raise funds for 35 official charities and other causes near and dear to their hearts. Temple Beth Israel member Steve Chilton first ran the Boston Marathon in 2011 and raised money through Tedy's Team, a team formed by former New England Patriot Tedy Bruschi, who, like Steve, had a stroke and fully recovered. Tedy's Team raises money for the American Stroke Association. This year, Steve ran again and raised money in support of the Claudia Adams Barr Program in Innovative Basic Cancer Research through a Dana-Farber team, and in so doing, carried with him friends and family who have battled cancer

As my colleague, Jason Bonder, a rabbinical student and Cooperberg-Rittmaster Rabbinic Intern at Congregation Beit Simchat Torah in New York wrote: "The finish line, for so many runners, is a holy place. It is the spot of the culmination of months and sometimes years of training. It is the place where runners carry across memories of deceased loved ones, where they carry across hopes of conquering disease. It is the place of celebration of the human capacity to overcome obstacles and to endure the toughest of challenges."

And so we not only see light and love through our tears in the many acts of courage and grace in the aftermath of an act of terror and destruction; we can see how a running race also packs an enormous punch of courage and grace, of light and love. May this light and love expand the circle of hope and peace throughout the four corners of the earth and remind us that we have the endurance to continue on through heartbreak hill until the finish line.

May Yahrzeits

Plaque Loc.	Name	Yahrzeit Date		Plaque Loc.	Name	Yahrzeit Date	
5-1	Barbara Hoffman	1-May	Iyar 21		Louis Zuckerman	23-May	Sivan 14
6-4	Harry Sheinhite	1-May	Iyar 21	6-4	Rebecca Cohen	24-May	Sivan 15
2-3	Zelda Pokat	1-May	Iyar 21	4-4	Lillian Goldstein	25-May	Sivan 16
6-4	Richard Rosenberg	2-May	Iyar 22	5-3	Lillian Levine	26-May	Sivan 17
1-3	Charles Leavy	2-May	Iyar 22	2-1	Miriam Beecher	27-May	Sivan 18
3-1	Laura Kurtzman	2-May	Iyar 22	5-3	Frieda Simmons	28-May	Sivan 19
2-1	Harry Dubin	3-May	Iyar 23	4-4	Anna Goldstein	29-May	Sivan 20
4-4	Samuel Goodman	4-May	Iyar 24	4-2	Louis Sulkin	29-May	Sivan 20
5-3	Fritz Benedick	4-May	Iyar 24	5-4	Abigail Cotton	29-May	Sivan 20
4-1	Sara Bloomenthal	5-May	Iyar 25	4-3	Harry Klein	29-May	Sivan 20
2-3	Lena Norman	7-May	Iyar 27	1-1	Ethel Cohen	30-May	Sivan 21
3-3	Barnett Sacks	7-May	Iyar 27	4-2	Samuel S. Stoeger	30-May	Sivan 21
2-1	Jacob Cohn	8-May	Iyar 28	1-2	Sarah Greenblott	1-Jun	Sivan 23
2-4	Charles Tankel	9-May	Iyar 29		Joseph	1-Jun	Sivan 23
2-4	Fannie Tatelman	9-May	Iyar 29	4-1	Jennie Shapiro	2-Jun	Sivan 24
3-1	Dr. Samuel Berstein	10-May	Sivan 01	3-2	Jacob Ginsburg	2-Jun	Sivan 24
5-1	John Hoffman	10-May	Sivan 01		Barnet Borkow	3-Jun	Sivan 25
1-2	Polly Freedman	11-May	Sivan 02	4-3	Samuel L. Webb	3-Jun	Sivan 25
4-2	Sarah Eisenberg	11-May	Sivan 02		Harry Ross	4-Jun	Sivan 26
1-2	Morris Gordon	11-May	Sivan 02	1-4	Anna Wolk	5-Jun	Sivan 27
	Rose Endelman	12-May	Sivan 03	2-4	Harold Resnick	5-Jun	Sivan 27
3-1	Max Berman	12-May	Sivan 03	1-4	Dora Rouffe	6-Jun	Sivan 28
5-3	Joseph Kaufman	14-May	Sivan 05	6-1	Nathan Freedman	6-Jun	Sivan 28
4-2	Albert Michelson	15-May	Sivan 06	6-3	Herbert Phillip Dane	8-Jun	Sivan 30
2-4	Molly Smith	15-May	Sivan 06	4-3	Gertrude Riseberg	8-Jun	Sivan 30
4-3	Betty Tushin	16-May	Sivan 07	3-1	Hyman Benjaminson	8-Jun	Sivan 30
4-2	Ethel Wigod	16-May	Sivan 07	1-2	Samuel Kaitz	8-Jun	Sivan 30
1-1	Morris Alpert	16-May	Sivan 07				
4-4	Carl Goldstein	17-May	Sivan 08				
2-3	Barnett Messer	18-May	Sivan 09				
3-3	Samuel Bloom	19-May	Sivan 10				
5-3	Jacob Pernakoff	20-May	Sivan 11				
	Minnie Zeramby	21-May	Sivan 12				
2-2	Abraham Josephson	21-May	Sivan 12				
1-1	Max Backer	22-May	Sivan 13				
6-1	Barnard Wolf	22-May	Sivan 13				
2-2	Abraham Harris	23-May	Sivan 14				
5-2	Irving Forbes	23-May	Sivan 14				

If you would like to make a donation in memory of a loved one listed above please send it along with a brief note of who you would like remembered to the Temple Office.

Condolences

To Marilyn Racette on the loss of her uncle, Benjamin Wolf.

May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 <i>87:27</i>	4 Behar-Bekukotai Mevarchim HaChodesh Sivan Rabbi Tracy Nathan
5 Fermenting the Omer 4pm-7pm	6 Board Meeting 7pm	7	8	9	10 <i>87:35</i> Service/Dinner 6:30pm	11 Bamidbar Rabbi Tracy Nathan Children's Services 10:45am
12 Sisterhood Mother's Day Breakfast 10am	13	14 Erev Shavuot Service and Torah Study 7:30pm	15 Shavuot Yom Tov I Morning Service 8:00am	16 Shavuot/Yizkor Yom Tov II Morning Service 8:00am	17 <i>87:42</i>	18 Naso Member Led Service
19	20	21	22	23	24 <i>87:49</i>	25 Beha'alotecha Member Led Service
26	27 Memorial Day Minyan 8am	28	29	30	31 <i>87:55</i>	1 Shelach-Lecha Mevarchim HaChodesh Tammuz Rabbi Tracy Nathan
If not specified, Minyan - Monday, Thursday and Friday is at 7:00am and on Saturday and Sunday at 9:00am						

Donations

Robin Dixon, in honor of Anita Israel.

Lillian Etkind, in memory of her mother, Anne Itzkowitz.

Martin and Joan Taubman, in memory of Martha Mitelbank.

Saturday Kiddush Sponsors

May 11—David Freedman, in memory of his parents.

May 18—Marilyn Racette, in honor of her birthday.

May 25—Morris and Edith Hollender

Temple Elections

This is an election year for Officers at Temple Beth Israel. If you would like to be considered for any of the following positions, please contact the Temple office.

Officers: President, Vice President, Recording Secretary, Treasurer, and Membership Secretary.

Welcome New Members

Brad and Dina Baker

Refuah Shlemah

Ina Moses

Touro Synagogue Tour

Touro Synagogue, in Newport, Rhode Island, is the oldest, active synagogue in the United States. Built in the mid Seventeen hundreds, it is beautiful, not only in its simplicity, but in its position in our country's history.

Come see it. A bus will be at Temple Beth Israel, 25 Harvard Street, in Waltham, to pick us up at 10:00 am, on Sunday, June 2, 2013. We will have lunch at a restaurant — the cost is extra — and return to our temple in the afternoon.

Tickets for the bus and the tour are **\$36.00**.

Registration Ends when the bus is full!

First Come - First Served

For information call Ed Brown (617) 527-6832, or Lester Macklin (781) 275-2327.

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Touro Trip, June 2, 2013

Name(s) _____ Telephone _____

Number of attendees _____ @ \$36.00/person \$ _____

Make check payable to: Temple Beth Israel; PO Box 540182; Waltham MA 02454



Our Shabbat Program for Children



Our monthly Shabbat morning program for children will be held on **May 11th**. The morning will include a service, Torah learning, and activities for young children all led by Eliana Light. Services will take place in our downstairs space beginning at **10:45am**. Please stay and join us for a communal kiddush lunch in our social hall following Shabbat morning services.

Shavuot 5773

Start Your Tikkun Leil Shavuot with Evening Torah study with Rabbi Tracy Nathan and Hazzan Joseph Weintraub

Tuesday evening, May 14 **7:30pm** Yom Tov Ma'ariv Service followed by Torah study and cheesecake beginning at 7:50pm.—Continue your all-night learning at various locations in Greater Boston.

Yom Tov I Morning Service

Wednesday, May 15, **8:00am**

Stand again at Sinai and hear the Aseret Hadibrot (ten commandments) followed by a blintz brunch.

Yom Tov II Morning Service

Thursday, May 16, **8:00am**

Temple Beth Israel

Sisterhood

Did you know that Temple Beth Israel has a Sisterhood? Become a member today. It's real simple. Dues are \$10 per year. Send in your dues to the Temple Office.

Become a member now and you can attend our

Mother's Day Breakfast Sunday May 12th at 10:00am

Make checks payable to: Temple Beth Israel Sisterhood and mail, before May 7th to Temple Beth Israel, PO Box 540182, Waltham, MA 02454-0182.

No money will be accepted at the door.

Join us for
Shabbat.



Welcome Shabbat with Services and Community Dinner at Temple Beth Israel

Friday Evening: May 10th

Services: 6:30 pm

Dinner: 7:30 pm

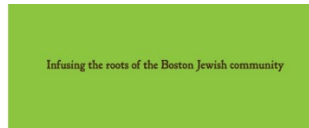
\$12 per adult, \$30 per family

This Month's Menu

Lasagna with fresh garden vegetables -
(dairy and vegan versions available)

Garlic Bread
Caesar Salad
Italian Ices
Italian Pastries
Fresh Fruit

Welcome Shabbat with a spirited Kabbalat Shabbat Service at 6:30 pm, led by **Rabbi Tracy Nathan**, followed by a home-cooked dinner at 7:30 pm, singing, and good conversation. **Reserve now!** Payment must be received by Thursday morning, the day before the dinner you are attending.



TEMPLE BETH ISRAEL

Lifting the Spirit
Embracing Community
Rooted in Tradition

Learn the ancient arts of beer brewing, counting the omer and Jewish drinking songs..... Join us to **FERMENT THE OMER**

Traditionally we count the days from the second day of Passover to Shavuot, known as the Counting of the Omer. In the days of the Temple, on the second day of Passover an omer (measurement) of barley was cut down and brought to the Temple as an offering. At Shavuot, the wheat harvest began with an offering of wheat at the Temple.



Barley, lacking adequate levels of gluten to make bread, has been viewed throughout the ages as an inferior grain. Luckily, there is an age-old tradition to use it to brew beer!



Sunday May 5th 4:00-7:00pm
\$15 - nobody turned away for lack of funds

To register, go to
<http://fermenttheomer2013.eventbrite.com>

****You must be 21 to register for this program.**

Temple Beth Israel
25 Harvard St.
Waltham, MA 02453

Educators:

Aidan Acker began his brewing career in San Francisco in 2005. In that time, he estimates he has brewed over 100 gallons of beer. He moved to Boston from the west coast in 2008 to attend Harvard Graduate School of Design, where he studied landscape architecture. His favorite beer is BBC's Steel Rail Pale Ale.

Rabbi Tracy Nathan is the spiritual leader of Temple Beth Israel of Waltham. She recently edited Keshet's Resource Guide for Jewish Weddings for LGBTQ Couples, and has served and taught in congregations and schools in Greater Boston, New York City, and San Francisco. She did some home brewing many moons ago under the tutelage of her spouse, and enjoys oatmeal stout.

For more information, contact leora@beantownjewishgardens.org or (617) 877-2036



SUPPORTED BY This program is supported by a Young Adult Community Grant from Combined Jewish Philanthropies.

Temple Beth Israel

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Website: www.tbiwaltham.org

May 2013

It is never too late to donate.
Use the form below and mail
it to the Temple.
Thank you in advance.



- General Fund
- High Holiday Donation
- Rabbi's Discretionary Fund
- Morris Hollender Music Appreciation Fund
- Carl Goldstein Memorial Fund
- Other, please specify: _____

stamp

Temple Beth Israel Donation Form

For your convenience, please use this form to make your donations and send to:
Temple Beth Israel, P O Box 540182, Waltham, MA 02454-0182

I have chosen the fund indicated at the right:
(Please use a separate form for each fund. **Minimum donation: \$10**)

Attached is my check in the amount of: \$ _____

The donation is being made
In Honor Of _____
In Memory Of _____
Other _____

This donation is made by:
Name: _____
Address: _____
City/State/Zip _____

Please send acknowledgement to:
Name: _____
Address: _____
City/State/Zip _____