



# Temple Beth Israel

Community | Tradition | Inclusion

## Temple Talk



## Rabbi's Corner – Some Thoughts for Psalm 27: The Psalm for the Season of *Teshuvah*

**By: Rabbi David Finkelstein**



What is the one thing that is special for the Season of *Teshuvah* and that accompanies us every day from the beginning of the month of Elul until the end of Sukkot? The answer is Psalm 27, which begins, "Hashem is my light and my salvation - whom shall I fear?" It is customary to recite Psalm 27 every day for almost two full months. Among the many things we may rightly think about during its recitation, I would like to invite myself and all of you to think about the following as well.

In the late 17th and early 18th centuries, Rabbi Tzvi Hirsch Kaidanover, known by the title of his book, *Kav Hayashar* (*The Just Measure*), lived and taught in the German city of Frankfurt am Main, where beloved TBI member Hella Hakerem z"l grew up several hundred years later. The *Kav Hayashar* records that many in his time observed silence between the start of Elul and Rosh Hashanah to effect the purification of the soul. Silence is a spiritual practice we can all take on for Elul, as long as we discover the right amount of silence for our bodies at this time. Some choose to be silent for one day a week, while

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## Mark's Remarks– Connectedness and Belonging

**By: Mark Frydenberg**

The letters outside the front of our building read "Temple Beth Israel Community Center." This month I'd like to explore ideas of community with you: what is community, what does it mean to stay connected, and what does it mean to belong to a community.



I have been reading the book *Community: The Structure of Belonging*, written in 2008, by Peter Block. The author describes ways to create communities that work for all. He writes: "Communities are human systems

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## Mark's Remarks- Connectedness and Belonging

**By: Mark Frydenberg**

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given form by conversations that build relatedness. The conversations that build relatedness most often occur through associational life, where citizens show up by choice, and rarely in the context of system life, where citizens show up out of obligation." (p. 29).

Our synagogue is an example of associational life. When we walk in the door or click on our Zoom link, we choose to associate ourselves with the synagogue and accept or enter into its practices and norms. We choose the ways in which we want to get involved. Relationships follow from these shared experiences and gatherings.

As a synagogue, the TBI community gathers for prayer, learning, and society. We gather with those who share our interests by attending activities, serving on committees, planning events, or helping each other when needed. Working together or being together for a shared common purpose is one way we relate with each other in community. Finding what we share in common and doing that together helps us to form community.

Due to COVID-19, we have not been able to gather physically, and may find ourselves isolated. This affects all aspects of our lives, as we may "see" members of our community only in stacked boxes on our screens, or occasionally in person at a distance, or with our faces covered by masks.

Block says that "the essential challenge is to transform the isolation and self-interest within our communities into connectedness and caring for the whole." So we gather online in our virtual spaces, to engage in activities that were familiar to us in person, with the people who are part of our community. We need both a sense of connection and a sense of belonging. Block writes, "community exists for the sake of belonging."

Technology helps us to connect, but it doesn't help us to belong. As Peter Block writes, technology "provide[s] connection, diverse information, an infinite range of opinion. But all this does not create the connection from which we can become grounded and experience the sense of safety that arises from a place where we are emotionally, spiritually, and psychologically a member."

At the High Holy Day season, we celebrate, contemplate, gather in community, and take part in familiar rituals that help us connect with



**By: Mark Frydenberg**

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the season and with each other. To sustain our sense of community during this time, we need find new ways re-create the experiences and rituals that ground us and center us at Temple Beth Israel. Even though we can't gather as we usually do, we still can create meaningful experiences, both individually and as a community.

Rabbi David and Cantor Band will be leading services on Rosh Hashanah and Yom Kippur (socially distant from each other) in our sanctuary, so when you join in, you'll have the feeling of being there with them. Seeing the sanctuary, hearing familiar melodies, and Jim Baron's shofar blowing on the second day of Rosh Hashanah will bring the sense of being at the synagogue for Rosh Hashanah to you at home.

Belonging involves shared experiences. We are offering two new opportunities for you be part of the TBI community this Rosh Hashanah.

First, I invite you participate in our L'Shanah Tovah greeting video. Please create a short (15-second) video offering your wishes or blessings for the New Year. Call the office if you need technical help and we will try to help you. We need your video by Sunday, September 13. (See detailed instructions on page 8) We will compile the individual greetings into one communal video greeting and send it out before Rosh Hashanah.

Second, you can have taste of the TBI Kitchen as Devin Shmueli and the Chesed Committee are preparing Rosh Hashanah boxes with candles, challah, apples and honey, grape juice, and some delicious additions to your holiday meal. Sign up for your package, pick it up (or offer to help deliver to those who can't get out), and then join with the TBI community for an online Erev Rosh Hashanah dinner before our evening service on Friday, September 18. **See page 7 for sign up link.** We will light candles, recite Kiddush and motzi, and eat together (on Zoom) before services begin, to start the year together in community.



On behalf of the board of directors, I wish everyone a good year. I hope you find ways to experience both connectedness and belonging with the Temple Beth Israel community.

L'shanah Tovah!

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## Rabbi's Corner – Some Thoughts for Psalm 27: The Psalm for the Season of *Teshuvah*

**By: Rabbi David Finkelstein**

*(Continued from page 1)*

others choose to be silent for a time span between 1 hour and 1 minute. Ritual Well, an online library of Jewish rituals and prayers, includes an entire section for the month of Elul (see <https://www.ritualwell.org/month-elul>). Rabbi James Jacobson Maisels, a friend of Rabbi Sara's and an acquaintance of mine, is the Founder and CEO of Or HaLev Center for Jewish Spirituality and Meditation. On the Or HaLev website (<https://www.orhalev.org/virtual>), we can connect to virtual study sessions and meditation sessions led by Rabbi Jacobson Maisels and others.

For setting the intention to practice silence for any length of time, I recommended verses 4 and 5 of Psalm 27:

*One thing I ask from Hashem - I will ask it: that I might dwell in God's house all the days of my life,*

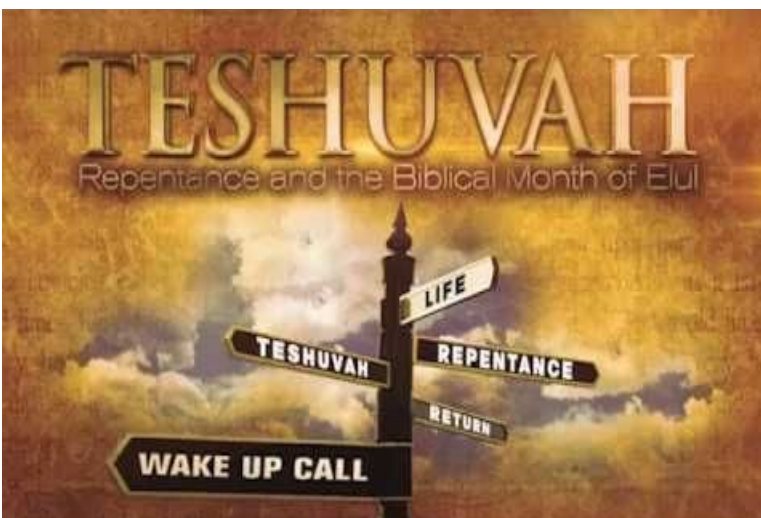
*to see a vision of God's pleasantness and to pay a visit to Hashem's palace.*

*For God hides me in God's sukkah on a day that is bad*

*God tucks me into God's secret tent and lifts me up on a rock.*

These two verses supply us with places - or perhaps one place with many names - into which we can take refuge and in which we can practice silence: God's house, God's palace, God's sukkah, God's secret tent, and the top of a rock.

These same verses can also be used to set an intention for self-examination, for which there are as many paths as there are distinct human personalities. Rabbi Chaim Yosef David Azulai, known as the CHID"Á was a Jerusalem-born eighteenth century rabbinical scholar with Spanish/Moroccan and German ancestry. According to Encyclopedia Judaica, the CHID"Á was also a pioneer writer on the history of rabbinic literature. The CHID"Á says, "During Elul [the month before Rosh Hashanah], one should devote less time to study and more time to fixed periods of introspection and self-evaluation." Some people are able to practice intentional introspection on their own. Those among us who keep a diary or a journal may already be familiar with introspective thinking. But for many of us, introspection is difficult to sustain without the aid of a guide and a participating community.



When we arrive at Psalm 27 multiple times this September and October, when we arrive at the phrase "*Achat sha'alti*," "One thing I ask from Hashem," perhaps we will bring our attention to our breath to take a minute for silent meditation, or maybe we'll take a moment of introspection to review our lives during the year 5780.

The one thing we ask from Hashem might also be one thing we ask from ourselves: that we contribute tzedakah - kosher dried beans for our brothers and sisters who need a little help - to [Family Table](#) (see

*(Continued on page 5)*



# Rabbi's Corner – Some Thoughts for Psalm 27: The Psalm for the Season of *Teshuvah*



**By: Rabbi David Finkelstein**

(Continued from page 4)

page 11) or a [donation check](#). TBI's Social Justice Committee has arranged a tzedakah project to facilitate and encourage righteous giving in this season of *teshuvah*. TBI is collecting money (which is currently being matched by an anonymous donor) and dried beans (kosher only) to support JF&CS's Family Table project, whose mission resonates with our Yom Kippur Haftarah, "This is the fast I desire...To unlock the fetters of wickedness..to let the oppressed go free...to share your bread with the hungry" (Isaiah 58:6-7). Family Table's mission is "to end hunger in the Greater Boston Jewish community while serving people who need our assistance regardless of religious affiliation." The important thing is to give what you can, not more.

The famous High Holy Day poem *Unetaneh Tokef* declares: "*Teshuvah*, prayer, and *tzedakah* lessen the severity of the decree!" In this way, our liturgy for Rosh Hashanah and Yom Kippur trumpets these three spiritual values: return to right relationship, prayer, and righteous giving.

May we all find our paths to Hashem this year. May our paths be paths of pleasantness, and all of our avenues be peace. Stay safe and be well! Zay gezunt. *Tihyu bri'im*. This year everything is different. Next year at 25 Harvard St. in Waltham.

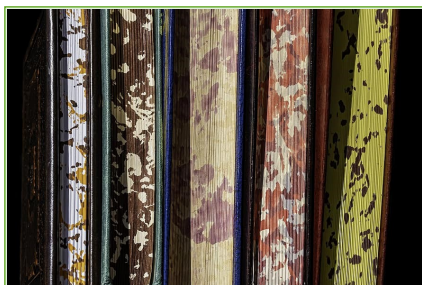
L'Shanah tovah tikateivu v'tichateimu!

May we all be written and sealed for a good year!

With Love,

Rabbi David

Rabbi's Discussion Groups		
Tuesdays, Sept. 1, 8, 15, 22, 29	<b>1:00pm - 2:00pm Rabbi David's Open Zoom Hour</b>	811 0356 9244 pw: 157389



## TBI Library

The mission of the TBI library is to provide members, clergy, and staff with a variety of materials of Judaic interest, in a warm and welcoming environment, and to promote and encourage the sharing of Jewish learning and culture. We encourage reading, listening, and viewing for pleasure as well as for information and spiritual guidance.

TBI has a wonderful collection of adult and children's books, as well as CDs, DVDs, periodicals, and other media. We have a computer that visitors may use, as well as a wireless connection you may use with your device. While many of the adult books have been catalogued, we have just begun the process of cataloguing our children's books. You can [access the database here](#).

### Rules for usage:

While most of TBI's materials may be borrowed and returned, some items are too fragile to transport and may only be used in the library. Books and other items may be borrowed for a two-week period. Please [contact the Librarian](#), if you need to extend that period. Please also contact the Librarian if you wish to donate any materials to the library.

# A Guide to the High Holy Days at TBI

**The High Holy Days, also called the Days of Awe, are a time for reflection, repentance, and renewal of the spirit through prayer, song, ritual, and community.**

**In past years, this article contained information on where to sit in the sanctuary, where to park your car, and where to take your children for childcare. This year is different. This year all of our services will take place via Zoom. We will gather in person at the cemetery for our annual memorial service, and in small groups at the Charles River, for Tashlich.**

We hope you will join us as we begin the new year together on Friday, September 18 with a communal dinner online followed by the evening service. On the following two days for Rosh Hashanah, we will recite ritual prayers; sing Avinu Malkenu; and ask God to inscribe us in the Book of Life for another year. On Sunday, September 20, we will listen to the sound of the shofar (which is omitted on Shabbat).

On Sunday afternoon, September 20, we will meet in person in small groups at the Charles River to reenact the ancient ritual of Tashlich, casting crumbs into running water.

A week later, on Sunday evening, September 27, we will Zoom together for Kol Nidre services. On Yom Kippur day, Monday September 28, we will repeat the traditional prayers of communal confession and repentance, recite Yizkor memorial prayers, and make our pleas for forgiveness and renewal. Finally, after Yom Kippur ends with the last T'kiah G'dolah shofar blast, we can break our fast together on Zoom at home and wish each other a good year one more time.

Moving online this year gives us new ways to connect in community:

- Be part of our New Year's Greeting Video
- Join for an Erev Rosh Hashanah Dinner on Zoom (with food from the TBI kitchen)
- View videos from Rabbi David, Cantor Band, and TBI Congregants reading or singing prayers, Torah and Haftarah, which will be available on the TBI website. Some will be played during services.
- Gather informally to talk or participate in a facilitated discussion group on Yom Kippur afternoon

All of our High Holy Day services will be held on Zoom. Meeting ID's will be available on our website or you can find the Meeting ID's on page 12 of this bulletin.

## Important Dates Before Rosh Hashanah

Please be aware of these important dates before Rosh Hashanah so that you will be ready to participate with us!

<b>Friday, September 11</b>	Last Day to send in any video you were asked to record for use at services
<b>Friday September 11</b>	Last Day to sign up for your TBI Erev Rosh Hashanah Dinner Gift Box
<b>Sunday, September 13</b>	Last day to submit your Rosh Hashanah Greeting Video to the Temple Office
<b>Sunday, September 13</b>	Machzor Pickup on the TBI Porch between 12pm and 2pm
<b>Wednesday, September 16</b>	Last Day to sign up for Tashlich Groups by end of the day

**Friday, September 18th from 6:00-7:00 pm**

This year, we are planning an opportunity to join together with a special meal delivered to your home or picked up at the synagogue. Devin Shmueli and other members of the Chesed, Ritual, and Social Justice committees are pulling together Rosh Hashanah in a box. You'll get printed blessings for the evening, candles, grape juice, honey sticks, two apples, mini challot, a warm *vegetarian (pareve)* stew prepared in Temple Beth Israel's kitchen, and honey cake. You will be responsible for the rest but when you join us at 6:30 on Zoom we will be connected through ritual and food as we will all have the stew and cake.

**Want to join?** Be one of the first 50 households to register by filling out the form at <http://bit.ly/tbidinner2020> or contact the Temple office. You must register by September 11th to receive a box. You may pick up your box at TBI on September 17 between 3 and 6 pm, or Friday, September 18 from 9 am to noon, or request delivery ., or request delivery by September 13th for delivery on the 17th.

**This is a special offering funded by a grant the synagogue received to promote virtual engagement during the High Holy Days. If you wish to donate to Temple Beth Israel, you may do so!**

## Creating Your Sanctuary at Home

The mystery and majesty of gathering in a synagogue and standing before the Ark will be greatly missed. Sitting before computers that we use for work and play may seem to diminish the special feeling of the holy days. Our challenge is to create a sacred space at home. Here are some suggestions:

- Clear your desk of day-to-day items and replace them with Jewish artifacts that might remind you of the Holidays, Cover your desk or table with a white table cloth or placemat. Add flowers or other special items.
- Limit distractions by turning off emails, text messages, and other audible notifications.
- Move your computer to a different space, or project the display to your TV, so it feels less like you are using a work device. Sit in a special chair, or make whatever changes you need so that you feel "this is a holy place and I did not know it!"
- Wear what you might wear to the synagogue. Wear a kippah or a tallit if they help you connect to being in shul.
- Be sure you have your machzor with you, just like on past High Holidays when we gathered in person. As you feel its cover and edges and flip its pages, remember the times you've used it before—who you sat near, what moved you in the service, the first time you used it, etc. You can pick up your copy at the Temple Office before Rosh Hashanah. (You can also follow along using your own electronic copy, but we will not be sharing pages on the screen.)
- Print or hang a sh'viti (an inspirational image or blessing) such as the one shown above from <http://www.alephtechnology.com/shiviti.html> to bring awareness to your sanctuary at home. Dedicate your sacred space with a blessing: *Baruch Atah Adonai, hamavdil bein kodesh l'chol*. Blessed are You Adonai, who separates the holy and the ordinary.





# A Guide to High Holy Days at TBI

## Be Part of our Rosh Hashanah Greetings Video

We invite you to create a short (15 seconds) video of you and your family wishing a happy new year to members of the community. Follow these instructions:

- Use your computer's webcam or your phone. If you use your phone, please hold your phone camera horizontally.
- Be sure you are in a well-lit location.
- **Do not say your names.** (We may add your names as a caption to your video.)
- Offer your wish, blessing, or greeting for the new year.
- There are many traditions that are meaningful to the holiday. Feel free to include your favorite tradition — lighting Yom Tov candles, dipping apples in honey, sounding a shofar, reading a Rosh Hashanah card, or whatever inspires you!
- If you don't have a computer, webcam, or mobile phone, and would like to participate, please contact the Temple office. We would like everyone to be able to participate.
- Your video will be included in a combined video greeting to be shared with TBI members, posted to YouTube, the TBI website, and other social media channels.
- Send your video to the Temple office ([office@tbiwaltham.org](mailto:office@tbiwaltham.org)) by email, or if it's too large to email, use [wetransfer.com](https://wetransfer.com) to send it. **We need to receive your video by end of day Sunday, September 13** to include it.

## Tips for Zooming through the High Holy Days

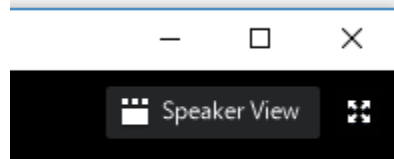
Zoom Links to join our services are shown on page 12 of this bulletin, and will be available on the TBI website.

We will have open Zoom rooms for members to connect with each other for dinner on Erev Rosh Hashanah . On Yom Kippur afternoon, we will have open Zoom rooms and planned discussion programs.

We have asked several members to pre-record themselves reading English prayers, chanting Haftarat, and other honors. In addition, we will also make available, Rabbi David and Cantor Band chanting selections from the High Holy Day services, on our website for those who wish to watch these on demand.

The chat window will be open during services in case you need to contact the host if you are having technical difficulties. We may post page numbers from time to time in chat to help you follow along. Follow along in the chat window if that enriches your experience. Private chats on Zoom are the equivalent of talking to someone in shul, so please use discretion and good judgement if doing so, and remember that the person you are messaging may not be looking at the chat window. **Please remember to stay muted on Zoom throughout the services.**

**Hint:** When joining a call on Zoom, you can switch between Gallery View (where the screen displays a grid containing the faces of everyone participating) and Speaker view (where the screen displays only the person speaking ) by clicking the option in the upper right corner of your Zoom window.



## High Holy Day Prayerbooks (Machzor)

We will be using Machzor Lev Shalem as our holy day prayer book as we have for the past several years. We will not be sharing the pages from the machzor on the screen during the service.

**You may pick up a printed copy of Machzor Lev Shalem for each person in your household by going to the Temple Beth Israel porch on Sunday September 13 between 12 and 2.** To pick up a book at another time, or request that someone deliver a book to your home, please notify Andrea Baron in the Temple office. You will sign a form agreeing to return the book(s) by November 1, or agree to pay a replacement cost of \$54 per book. Please remember to wear a mask and observe social distancing when picking up your books in person.

### Mahzor Lev Shalem

5.99 USD



books-  
rabbincalassembly  
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**REDEEM PUBLICATION**

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## Tashlich and Shofar Gatherings (Sunday, September 20 at 4 pm)

Tashlich is the ritual of casting crumbs into moving water in order to rid ourselves of the misdeeds and errors of the past year in order to start the new year refreshed and renewed. This year we will be arranging for small groups of six or fewer to meet in person along the banks of the Charles River behind the Watch Factory in Waltham on **Sunday, September 20 at 4 p.m.** for Tashlich and to hear the sounding of the shofar.

To participate with other Temple Beth Israel members, please contact Susan Holbert by email at [Susan@theindexpros.com](mailto:Susan@theindexpros.com) or by phone at 781-893-0514. **before end of the day Wednesday, September 16.** Each group will have a "leader" to read the texts with their group in English. (That's all that's required!) Let Susan know if you'd like to be a leader when you contact her to sign up.

Please tell Susan if you have your own shofar, or if you are able to blow a shofar so that we can make shofars blowing available. Given the current situation, we will not pass around the shofar for people to sound.

Once matched, we will contact you by email (or phone if requested) by Friday, September 18th with the names of the others in your group and exact the location for your group to meet. You can find texts for Tashlich and a video message from Rabbi David on the High Holy Days page of the Temple Beth Israel website. Please print the texts or refer to them or the video on your mobile device when you are at the river. Tashlich readings also are available in Machzor Lev Shalem on page 177.



## Social Justice Committee

The Social Justice Committee met on August 4, 2020 with all members in attendance. Old business included a review of current partnerships with Waltham non-profit organizations and how the Black Lives Matter statement and signing of the Not Free to Desist letter evolved. We then discussed possible future projects/partnerships within the Waltham community. Several committee members will research and report on their findings at the next meeting to be held after Yom Kippur.

The gardens continue to provide flowers and herbs for congregants, potential members and the Community Day Center. Thanks Brad Baker and your faithful helpers!

Important update from Community Day Center (CDC): The Middlesex Human Services Soup Kitchen has recently suspended dinners on the weekends. An organization, Food Not Bombs, will now be preparing dinners and serving them in brown bags to go on the Common. They are in urgent need for bottled water and juices, as well as, individual bags of snacks. They will also accept pieces of handheld fruit (no apples) and individually wrapped desserts (brownies, sliced cake). Rain Ponchos, the cheap ones, are also urgently needed.

There will be a Food Drive to benefit Family Table, a service of Jewish Family and Children's Services. See page 11 in this bulletin for more information.

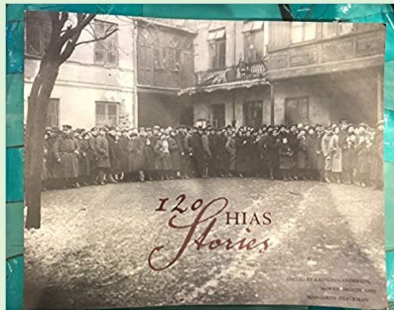
The first in a series of Community Conversations was held on August 23, 2020 and facilitated by JOIN for Justice. Over 20 congregants attended this important discussion on the first steps in developing a common framework with the ultimate goal of "doing what is just and right" in accordance with our Jewish tradition. The next session is September 13, 2020 for those who attended the first session.

Linda Ungerleider  
Committee Chairperson

### TBI Bookshelf

by Marilyn Racette

Many of you remember Morris and Edith Hollender, Holocaust survivors and members of our temple for many years. Recently I came across *120 HIAS Stories*, edited by Kathleen Andersen, Morris Ardoin, and Margarita Zilberman. On the cover page is a hand written dedication from Morris and Edith, "To all our dear members at Temple Beth Israel with appreciation for their friendship." In 2001 HIAS marked its 120<sup>th</sup> anniversary, 120 years of helping Jews, and later non-Jews as well, to find their footing in a new world, with legal aid, food, shelter, and financial assistance. *120 HIAS Stories* was a keepsake edition, capping off the anniversary celebration. The brief stories, sometimes first person accounts, sometimes recollections of family members, are poignant reminders of the struggles that brought immigrants to these shores, the difficulties they faced once they arrived, and the success that many achieved. Morris and Edith's story is here, and many more, some famous-- Marc Chagall, Vladimir Nabokov—and some not, but all incredibly moving.



### Thursday Morning Minyan 8:00am

8:00am

The minyan will begin promptly at 8 am, and will end by 9 a.m. The Zoom link is below. We will include the Torah reading. We will use Siddur Sim Shalom for Weekdays. (Note, this is a different edition of the siddur than what we have used at the synagogue.) You can pick up a copy at TBI (contact Andrea to make arrangements), or follow along in the PDF version which you can download at <http://www.tbiwaltham.org/pray/morning-minyan/> or [click here](#).

[Click Here to Zoom in to the Minyan](#)

Zoom id: 860 6404 5288





## Food Drive for the Days of Awe

Temple Beth Israel will conduct a Food Drive to support Family Table a project of Jewish Family and Children's Service.

We will collect healthy foods that serve Jewish families and individuals in many communities.

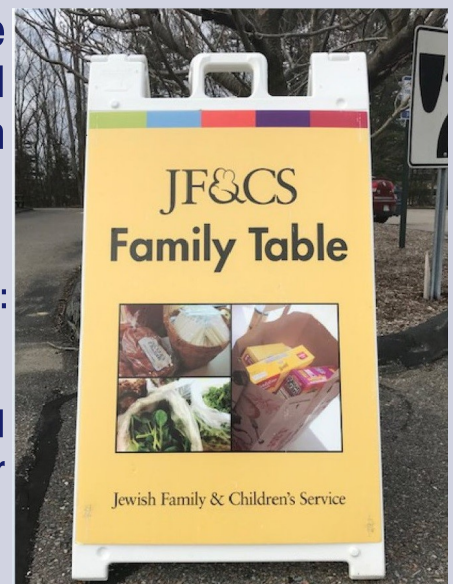
### **Please consider donating some of their greatest needs:**

Whole Grain Pasta	Whole Grain Crackers	Solid White Tuna in Water
Brown Rice	Dried Beans	Raisins
Canned Salmon	Shabbat Candles	Canned Vegetables
Canned Tomatoes (sauce, diced, stewed, whole)	Vegetarian Soup (Kosher and low sodium)	Canned Fruit (low sugar and in fruit juice)
Cereal (low sugar and whole grain)		

**Bring your donation to the Temple any time before Wednesday, September 23 between 9:30 and 5:00 and place it in the Family Table collection box or coolers on the porch.**

**If you prefer, a check can be sent made out to Family Table to: Temple Beth Israel, 25 Harvard Street, Waltham, MA 02453.**

**\*\*\*Rabbis David and Sara have offered to donate 1 bag of dried beans for everyone that makes a donation. Let's overflow their shelves and shoot for donating 18 bags of beans!!**





# Zoom with Us!

# September 2020

We are now meeting by computer and by phone, instead of in person.

**To join by phone--no computer needed:** Dial (301)-715-8592. You will hear a prompt to enter a meeting ID. Enter the meeting ID, followed by #. In the listing of events below, we show the meeting ID for each event.

**To join by computer or mobile device,** visit [zoom.us](https://zoom.us) in a web browser, click *Join a Meeting*, and enter the meeting ID and password for the event (or click the direct link to the event posted on our website or in our weekly email update). **The current list of events appears below.**

	September Shabbat Services Online	Meeting ID
Sept. 4, 11, 25	Shabbat Shalom - 5:30pm	860 9408 8277
Sept. 5, 12, 26	Shabbat Morning Together - 10:30 am	898 2996 2372
	<b>Selichot</b>	
September 12	Selichot Services 8:30pm	854 6203 0683
	<b>Rosh Hashanah Day 1 and Day 2</b>	
September 18	Erev Rosh Hashanah Dinner 6:30pm	833 4993 6589
September 18	Erev Rosh Hashanah Service 7:30 pm	816 7970 8002
September 19	Rosh Hashanah Day 1 9:30am	889 7763 9409
September 20	Rosh Hashanah Day 2 9:30am	837 8333 0139
	<b>Kol Nidre and Yom Kippur</b>	
September 27	Kol Nidre 5:45pm	829 1942 1552
September 28	Yom Kippur 9:30am	870 4423 0804
	Mincha 5:00pm	
	Neilah 6:15pm	
	Shofar 7:15pm	
	<b>Yom Tov Services</b>	
October 3	Sukkot Yom Tov Day 1 10:30am	863 1710 6429
October 4	Sukkot Yom Tov Day 2 10:30am	883 6046 4732
October 10	Shemini Atzeret 10:30am	870 4780 8679
October 11	Simchat Torah 10:30am	865 6607 7923
October 17	Shabbat Bereishit 10:30am	846 0100 5489
	<b>Thursday Morning Minyan</b>	
Sept 10, 17, 24	Morning Minyan 8:00am	860 6404 5288

## High Holy Day Information

Selichot	Saturday, 9/12	8:30 pm - Evening Program 9:30 pm - Selichot w/Rabbi David
Erev Rosh Hashanah	Friday, 9/18	6:30pm - Sharing Dinner on Zoom 7:30pm - Evening Service
Rosh Hashanah 1 Morning Sermon Musaf	Saturday, 9/19	9:30am - Morning Service 10:15 - Sermon 10:30 - Musaf (no <i>shofar</i> ) 12:00 - Conclusion For Tashlikh see page 9
Rosh Hashanah 2 Morning Shofar Sermon Musaf	Sunday, 9/20	9:30am - Morning Service 10:30 - <i>Shofar</i> Service 10:45 - Sermon 11:00 - Musaf (with <i>shofar</i> ) 12:00 - Conclusion
Shabbat Shuva	Saturday, 9/26	10:30am - Shabbat morning service
Memorial Service at cemetery	Sunday, 9/27	10am - Service at Beth Israel Memorial Park
Erev Yom Kippur	Sunday, 9/27	5:45pm - Kol Nidre Service
Yom Kippur Morning Yizkor Sermon Musaf Afternoon Neilah - Closing	Monday, 9/28	9:30am - Morning Service 11:00 - Yizkor 11:15 - Sermon 11:30 - Musaf 12:30 - Afternoon Break 5:00pm - Minchah 6:15pm - Neilah 7:15pm Shofar, Maariv, Havdalah
Sukkot Yom Tov Day 1	Saturday, 10/3	10:30am - Shabbat/Yom Tov Service
Sukkot Yom Tov Day 2	Sunday, 10/4	10:30am - Yom Tov Service
Shemini Atzeret	Saturday, 10/10	10:30am - Shabbat/Yom Tov Service
Simchat Torah	Sunday, 10/11	10:30am - Yom Tov Service
Shabbat Bereishit	Saturday, 10/17	10:30am - Shabbat Service

### Sign Up for TBITalk

**TBITalk** is Temple Beth Israel's new members' only discussion list on email. Sign up to send and receive messages from TBI members on the TBITalk discussion list by entering your email and contact information in the Subscribe section of this page:  
<http://listserve.tbiwaltham.org/listinfo.cgi/tbitalk-tbiwaltham.org> Please note that since only TBI members may participate, Your registration will be processed as soon as we can verify your TBI membership status.

After you have subscribed, you are welcome to communicate with all members of TBITalk by sending an email message to [tbitalk@tbiwaltham.org](mailto:tbitalk@tbiwaltham.org) . By participating, you agree to the terms of use.



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**September and October**  
**Yahrzeits**

Nathan Weiner	Elul 12	1-Sep
Mary Nochemsohn	Elul 13	2-Sep
Louis Goldberg	Elul 13	2-Sep
Samuel Arnold	Elul 14	3-Sep
Jennie Bernstein	Elul 14	3-Sep
Harry Goldberg	Elul 14	3-Sep
Anna Ginsburg	Elul 15	4-Sep
Hyman Cohen	Elul 15	4-Sep
Rose Jacobs	Elul 16	5-Sep
Rebecca Wolf	Elul 18	7-Sep
Stanley Bloom	Elul 18	7-Sep
Daniel Leaken	Elul 19	8-Sep
Dorothy Nottenburg	Elul 20	9-Sep
Bessie Aronie	Elul 20	9-Sep
Joseph Ullman	Elul 20	9-Sep
Morris Macklin	Elul 20	9-Sep
David Feingold	Elul 21	10-Sep
Louis Kniznik	Elul 22	11-Sep
Sarah Mendelsohn	Elul 22	11-Sep
A. Harvey Cinamon	Elul 23	12-Sep
Louis Goldstein	Elul 24	13-Sep
Annie Siegel	Elul 24	13-Sep
Hedwig Benedick	Elul 25	14-Sep
Abraham Crevoshay	Elul 25	14-Sep
Sarah Caplan	Elul 26	15-Sep
David Pokat	Elul 26	15-Sep
Samuel Pill	Elul 26	15-Sep
Abe Grater	Elul 26	15-Sep
Lillian Michaelson	Elul 26	15-Sep
Celia Chorney	Elul 28	17-Sep
Herman Bootin	Elul 28	17-Sep
Doris Resnikoff	Elul 28	17-Sep
Max Russell	Elul 29	18-Sep
James Zieff	Elul 29	18-Sep
Marion Cohen	Elul 29	18-Sep
Annie Meilman	Tishrei 02	20-Sep
Janet Greenblott	Tishrei 02	20-Sep
Noah Goldberg	Tishrei 02	20-Sep
Tsippa Shapiro	Tishrei 03	21-Sep
Jack Victor Itzkowitz	Tishrei 04	22-Sep
Rose Bronfman	Tishrei 04	22-Sep
Rose Sheer Wolk	Tishrei 05	23-Sep

Mary Hoffman	Tishrei 05	23-Sep	Isaac Goldberg	Tishrei 18	6-Oct
Louis Sheer	Tishrei 05	23-Sep	Ashley Schiff	Tishrei 19	7-Oct
Ethel Shriberg	Tishrei 06	24-Sep	Zelda Wolfman	Tishrei 20	8-Oct
Stefanie Claire Handel	Tishrei 06	24-Sep	Sylvia Pinstein	Tishrei 20	8-Oct
Ida Pedell	Tishrei 07	25-Sep	Samuel Nussinow	Tishrei 21	9-Oct
Abraham Larks	Tishrei 09	27-Sep	Adolf Stux	Tishrei 22	10-Oct
Elliot Hillel Weinberg	Tishrei 09	27-Sep	Joseph Canter	Tishrei 23	11-Oct
Barnett Goldstein	Tishrei 10	28-Sep	Abraham Geller	Tishrei 23	11-Oct
Florence Milesky	Tishrei 10	28-Sep	Lena Merowitz	Tishrei 24	12-Oct
Herbert Larks	Tishrei 10	28-Sep	Morris Weinstein	Tishrei 25	13-Oct
Minnie Krinsky	Tishrei 10	28-Sep	William Riseberg	Tishrei 25	13-Oct
Louis Baron	Tishrei 12	30-Sep	Jacob Hoffman	Tishrei 26	14-Oct
Sarah Sheinhait	Tishrei 12	30-Sep	Sophie Tuchfeld	Tishrei 26	14-Oct
Louis Harris	Tishrei 14	2-Oct	Ida Dubin	Tishrei 27	15-Oct
Rose Talent	Tishrei 15	3-Oct	Sarah Benjaminson	Tishrei 27	15-Oct
Sadie Sherman	Tishrei 15	3-Oct	Ruth Shapiro	Tishrei 29	17-Oct
Cynthia Ullman	Tishrei 15	3-Oct	Helen Talvy	Tishrei 29	17-Oct
Samuel Chansky	Tishrei 16	4-Oct	Miriam Bowra	Tishrei 29	17-Oct
Gertrude F Zuckerman	Tishrei 16	4-Oct	Lillian Berman	Tishrei 29	17-Oct
Florence Furman	Tishrei 17	5-Oct	Benjamin Moldoff	Tishrei 30	18-Oct

**We wish a long life to our members who are observing a Yahrzeit in the coming weeks.**

**If you would like assistance to arrange a *virtual minyan* so that you may say kaddish for your loved ones, please contact the Temple office at least one week in advance.**

- ◆ Sept. 7 - Jerome Bloom, in memory of his brother, Stanley Bloom
- ◆ Sept. 15 - Sandra Beck, in memory of her aunt, Lillian Michaelson
- ◆ Sept. 18 - Steven Zieff, in memory of his father, James Zieff
- ◆ Sept. 22 - Lillian Etkind, in memory of her brother, Jack Victor Itzkowitz
- ◆ Sept. 27 - Penina Weinberg, in memory of her father, Elliot Hillel Weinberg
- ◆ Sept. 30 - Jim Baron, Audrey Kennen, and Janet Moses, in memory of their grandfather, Louis Baron
- ◆ Oct 3 - Miriam Chernoff, in memory of her aunt, Cynthia Ullman
- ◆ Oct 5 - Susan Furman and Beth Cormier, in memory of their mother, Florence Furman
- ◆ Oct 7 - Karen Dines, in memory of her mother, Ashley Schiff
- ◆ Oct 8 - Dina Baker, in memory of her mother, Zelda Wolfman
- ◆ Oct 17 - Roni-Beth Shapiro, in memory of her mother Ruth Shapiro
- ◆ Oct 17 - Catherine Cantrell, in memory of her mother, Miriam Bowra
- ◆ Oct 18 - Beverly Kaplan, in memory of her father, Benjamin Moldoff

## Donations

Linda Ungerleider, in memory of Bernie Frydenberg, Robert Stern and Beatrice Hobbs.

## High Holy Day Pledges

Thanks to all who already made a pledge when completing your membership form.

Although we are not in our building, our operating expenses continue. We welcome your additional High Holy Day pledge. Please indicate when or in how many payments you wish to fulfill it.

## Condolences

To Dr. Martin Taubman and Family on the loss of his wife Joan Taubman from:  
Ed Brown

To the family and friends of Martin Koocher. Mr. Koocher died on August 31. He loved to pray with everyone at Temple Beth Israel. He was part of the TBI family for decades. What a gift Mr. Koocher was to our community, coming back every week to Shabbat services after Mrs. Koocher's long illness, and her death just a little over a year ago in June 2019. Mr. Koocher loved to daven in community on Shabbat. May his memory be a blessing.

## Social Media

**TBI now has full suite of social media offerings.** Please feel free to join or follow any of our social media channels!

Facebook:

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[linkedin.com/company/tbiwaltham/](https://linkedin.com/company/tbiwaltham/)

## Temple Beth Israel Memorial Park

The cost for an individual grave in Temple Beth Israel Memorial Park for members is \$2,200. The cost for non-members is \$2,800, which includes one year of membership (\$600). Graves in the Kulanu interfaith section are sold in lots of two, at a total cost of \$4,400 for members. The cost for non-members is \$7,600 for a lot of two, which includes one year of family membership (\$1,200). Please contact **Jay Trilling** of Menorah Cemetery Management Corporation, at (857) 636-9440 for further information. —Jim Baron, Cemetery Committee Chair

## Membership Update

Please watch your US Mail for forms to join or renew your TBI Membership for 2020-2021. We very much appreciate you and your affiliation with Temple Beth Israel.

This year's membership form is online, so please complete it and send in your contribution. If you need assistance filling out the online form, please contact the Temple office. We can take your information over the phone, or send you a paper form.

## Temple Beth Israel Donation Form

For your convenience, please use this form to make your donations and send to: Temple Beth Israel, 25 Harvard Street, Waltham, MA 02453. You may also donate online at <http://tbiwaltham.org/donate>. The minimum donation amount is \$10. Please add additional information on another sheet.

Attached is my donation check in the amount of \$ \_\_\_\_\_. Please allocate it to the following funds.

\_\_\_\_\_ General Fund \_\_\_\_\_ Event Participation Fund \_\_\_\_\_ Rabbi's Discretionary Fund  
\_\_\_\_\_ Goldstein Prayerbook Fund \_\_\_\_\_ Morris Hollender Torah Fund \_\_\_\_\_ Children's Services  
\_\_\_\_\_ Education Fund

This donation is being made \_\_\_\_\_ in honor of \_\_\_\_\_ in memory of \_\_\_\_\_.

**This donation is made by:**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip \_\_\_\_\_

**Please send acknowledgment to:**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip \_\_\_\_\_



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## Mark Your Calendar! September Highlights

<b>Shabbat</b>	<b>Friday Nights at 5:30 pm</b> <b>Saturday Mornings at 10:30 am</b>
<b>12</b>	<b>Selichot Service 8:30pm</b>
<b>18, 19, 20</b>	<b>Erev Rosh Hashanah Dinner at 6:30pm and Service at 7:30pm</b> <b>Rosh Hashanah Morning Services 9:30am</b> <b>Tashlich at 4 PM (Sign up to receive the location)</b>
<b>27</b>	<b>Cemetery Service at Beth Israel Memorial Park 10:00am</b>
<b>27,28</b>	<b>Kol Nidre 5:45pm</b> <b>Yom Kippur Services 9:30am</b> <b>Shmooze Room and Afternoon Discussion 2:00pm</b> <b>Mincha 5:00pm</b> <b>Neilah 6:15pm</b> <b>Shofar 7:15pm</b>