Rabbi’s Corner - Becoming Our Best Selves: Counting the Omer with the Sefirot
By: Rabbi David Finkelstein

From the end of March until the middle of May, between Passover and the flower-filled holy day of Shavuot, we have forty-nine opportunities to do the quick yet deep, daily mitzvah of counting the Omer. We fulfill this mitzvah by saying a blessing on each of the Omer’s forty-nine days: Barukh atah Hashem Elokeinu melekh ha’olam, asher kid’shanu be’mitzvotav ve’tzivanu al sefirot ha’omer. Then we pronounce the number of that day’s counting. Some people recite the Kabbalistic expression of the counting as well (discussed below). All this and more can be found on page 236 and following in Siddur Sim Shalom. For a more complete guide to counting the Omer, please click this link for Aharon Varady and Lieba B. Ruth’s contribution on the Open Siddur Project website.

Although the Torah itself does not connect God’s giving of the Torah to Shavuot, the rabbis of the Talmud make that connection explicit by referring to Shavuot as “the time of the giving of our Torah” (zeman matan torateinu), and through other teachings. With the help of the ancient rabbis, the Omer becomes a period of transition from the freedom of Passover to the revelation of Torah on Shavuot, from anarchic freedom to a dedicated way of life. Then, in thirteenth century Spain, the Omer evolves again through the publication

(Continued on page 6)

Mark’s Remarks– The New Normal: Congregating without a Congregation
By: Mark Frydenberg

The end of April will mark 11 months of saying Kaddish for my father. I have said kaddish in his memory every day since he died, and yet I have never said Kaddish for him in a synagogue. My screen has become my sanctuary as I attend minyan online on Shabbat, Thursday mornings and holidays at Temple Beth Israel, and the other mornings at Congregation Ohr Kodesh in Chevy Chase, Maryland, a conservative synagogue I happened to visit one day after shiva ended. I joined with their morning minyan ever since. If it wasn’t for the pandemic, this wouldn’t have been possible.

Let’s face it, Zoom minyanas are convenient and make it almost effortless to participate. Since the pandemic began last year, TBI has held Shabbat evening services every week (instead of once or twice a month) and Shabbat morning services every week with consistent attendance. Morning minyan resumed during

(Continued on page 2)
Mark’s Remarks– The New Normal: Congregating without a Congregation
By: Mark Frydenberg

(Continued from page 1)

the summer. Since we started our weekly Zoom minyan on Thursday mornings at 8 am, at least ten people attend on the screen almost every week. Gathering ten people in person for a minyan at 7 am in the chapel in the days BC (Before COVID) rarely happened. While we are not able to meet in person, these virtual gatherings give us the opportunity to check in with and support each other.

The pandemic has made it a "new normal" activity to unite with people who might otherwise not be able to meet in person. TBI, like many synagogues and businesses went "virtual" not only with services, but also with meetings and creative social programs. From video leaf-peeping tours to klezmer dancing in our living rooms, we found creative ways to gather during this time of physical distancing. Through the magic of Zoom, our Yom HaShoah speaker, Trevor Avery from the Lake District Holocaust Project, will be joining us from Windermere, in the United Kingdom.

For the past several months I have been attending a Synagogue President's Roundtable discussion sponsored by the Synagogue Council of Massachusetts. This twice-monthly Zoom gathering of presidents from area synagogues is reassuring as my counterparts at other synagogues and I share similar concerns about the present and future of our communities. We all wonder about the same things: When will we reopen in person? How do you get more people involved in the synagogue? What's your plan for the next year? How has your congregation responded to recent events?

This and other groups could have gathered together online before COVID—but nobody did that. At TBI, we did have a "virtual minyan" a few times when one of our members was traveling in an area where no synagogues were nearby. She wanted to say kaddish, we arranged for her to "skype in" to our regular daily minyan. Skype is so 2016. Now it’s Zoom all the way: During the past year many of us have attended Zoom minyanas, Zoom seders, Zoom concerts, Zoom lectures, Zoom schmooze rooms, Zoom services, Zoom Shabbat dinners, Zoom meetings, Zoom funerals, Zoom shiva, and more.

Zoom and other video conferencing tools were available before COVID, but most of us never used them at home. As a result of the pandemic, many of these virtual gatherings are here to stay. Our "new" new normal won't be "the old normal" we experienced until a year ago. While we crave the opportunity to gather in person, we must continue to support those who can only participate online because of distance or circumstance whenever possible. We also need to balance the convenience of Zooming in with the additional benefits of showing up in person.

We now have an opportunity to rebuild our community in a way that works for us today. This is the time to celebrate our successes, and recognize that even though everything changed so unexpectedly last year, some of the changes we have made are for the better. It will take time to readjust to whatever it is that we

(Continued on page 4)
Notice of Temple Beth Israel Annual Meeting and Elections

The Temple Beth Israel Annual Membership Meeting will be held on Sunday, June 13, 2021 at 10 am on Zoom. Offices to be elected at this meeting are President, Vice-President, Treasurer, and Membership Secretary, as well as at most three at-large board positions, each for a two-year term. A nominating committee recommends individuals for these offices.

According to the Temple Bylaws, these milestones apply:

- By April 29—Nominating committee shares a slate nominees with the membership. - The slate of officers is listed beginning on page 4 of this bulletin.
- By May 14—Members not on the slate by the nominating committee may place themselves on the ballot
- The annual membership and election meeting will be held on Sunday, June 13.

Members of the nominating committee are Carmen Cooper, Mark Frydenberg, Julie Gagnon, Merrill Griff, and Paul Smith. To express your interest in being considered for nomination to the board in an elected position, or to recommend member(s) with whom the nominating committee might speak about serving on the board, please contact Merrill Griff at mdg584@gmail.com or 781 354-3278.

Thank You!
Mark Frydenberg, President

Social Justice Committee

Todah Rabah to Rabbi David for his statement in response to the shootings of Asian Americans and Pacific Islanders (AAPI). We stand in solidarity with the AAPI community and look for ways to support them in the greater Waltham area. Several resources are: Stop Asian Hate and AAPI Solidarity Resources is a list of educational resources, organizations to support, and action items; Asian Pacific American Labor Alliance is a labor organization for AAPI workers; and Anti-Asian Violence Has Been Ignored For Too Long. Here’s How Jews Can Help “is a perspective on the shooting as an Asian Jewish author. (Source: Bend the Arc Jewish Action Pittsburgh: pittsburgh@bendthearc.us_)

The Warming Center expects more community members as the shelters have returned to their regular overnight hours. For our last two Sundays, volunteers are needed to help with check-ins on April 11 and 18 from 12:45-2:30. Please use this link: https://bit.ly/TBI_WCP_Volunteers

Brad Baker and his crew of gardeners provided horseradish, arugula and parsley for your Seder plates from the TBI gardens. We have partnered with Beantown Jewish Gardens who have helped create our indoor garden in the lobby with flowering plants and herbs. Some of the herbs are used in lunches served in the Warming Center. We look forward to their collaboration for our outside gardens.

Our other partners, Community Day Center continues to need individual bottles of water and juice, as well as bags of individual snacks. Currently, they are not in need of clothes, shoes, or toiletries. You are welcome to bring your donations directly to them at 16 Felton Street, Waltham. Call 781-392-6311 and they will take your donation from your car. If you have clothes, etc., you are welcome to bring them to TBI. More Than Words located at 56 Felton Street, Waltham has drop off bins near their front door. There is also a collection bin in our lobby.

We received a letter from Yad Chessed thanking our members for their generosity to their Purim appeal in feeding Jewish individual and families experiencing food insecurity. We also heard from several out of state members who appreciated a donation made in their honor to Yad Chessed in place of receiving Shalach Manaot.

The next Social Justice Committee meeting will be in mid April.

Thank you for your commitment to making our Temple a welcoming and inclusive community for all.
Linda Ungerlieder, Chair
do in person after being apart for such a long time. All of us have changed during the past year as we learned to deal with this "new normal" of living and interacting with others online.

We are eager to return to "the old normal" of pre-COVID times as more of us become vaccinated and as state and local authorities and our own board of directors and congregants deem it is safe to do so under appropriate guidelines. We will talk more about the Temple Beth Israel we want to become when gather online on June 13 for our annual membership meeting, my last as your synagogue President.

We end our Passover Seders with the words "L'shanah Habaah B'rashelayim" – Next Year in Jerusalem, and this year I added "L'shanah Habaah Shevet Achim Gam Yachad" – next year, let us be able to sit together as one. With optimism, trust, patience, and cooperation, we'll get there.

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**Nominating Committee Report**

The TBI Nominating Committee submits this slate of officers to be voted on at our annual meeting, which will be held on Zoom on Sunday, June 13 at 10 am:

**President: Dina Wolfman Baker**

*Dina Wolfman Baker,* a resident of Waltham, MA, is a marketing and communication executive in a career that has spanned 38 years in mission-driven organizations in the nonprofit and for-profit sectors. She holds responsibility for much of her firm’s growth portfolio and is a senior leader managing a team of more than 25 staff and a multi-million-dollar budget. She joined Temple Beth Israel with her husband Brad when they moved to the area in 2013, and they quickly fell in love with the TBI community. This has prompted Dina to serve TBI in ways that leverage her experience as an organizational leader, critical thinker, innovator, and communicator. She has served on the Rabbi Search Committee, chaired the New Rabbi Advisory Committee, chaired the Bylaws Committee, chaired the Social Justice Committee at its founding, and most recently served as Vice President.

As President, should the membership elect her, Dina looks forward to working with the board of directors and other TBI volunteers as an integrated team that leverages their strengths and interests; upholds and builds upon the congregation’s three pillars of community, tradition and inclusion; honors the past while innovating for the future; and exercises fiscal responsibility and transparency. At her prior congregation, Dina chaired numerous committees focused on education, community service, strategy, governance, and fund development, and served on the board of directors. Dina also has volunteered for many other community organizations and within her profession. She has published two books and writes sermons and essays that appear on her blog. Dina is a graduate of Cornell University and holds the Strategic Communication Management Professional (SCMP) certification. She and Brad take great joy and pride in their daughter Audrey, son Isaac, daughter-in-law Paige, grandson Atlas, grandpup Teddy and grandcat Jane.

**Vice President: Bruce Trager**

*Bruce Trager:* I have lived in Waltham for more than thirty years. I have been a long-time member of TBI. I have served on the Temple Board for two years (or is it longer). The Nominating Committee has nominated me to run for the position of Vice President. As Vice President my role is to serve on the Executive Committee and stand in for
the President when she is unavailable. In that role I hope, along with the other officers and Board members, to help TBI grow and become more demographically diverse.

**Treasurer: Alan Levine**

**Alan Levine:** I was born in the Fenway and grew up in Waltham, Belmont, and Brighton. I currently live in Newton Highlands. I graduated from Boston Latin School and have degrees from Colby College and Boston University. I received A’s in Economics.

I am a retired software engineer, specializing in embedded systems. I worked on display and communication systems and held a secret government clearance.

My parents Phillip and Lillian Levine were long-time members of Temple Beth Israel. My grandparents Ben and Sarah Greene were founding members. I worked at TBI Bingo for several years and have served on the Membership, Programming, and Nominating committees, edited the newsletter, and have done publicity for Temple activities.

I would like to be TBI’s Treasurer to get a better understanding of our income, investments, and expenses. I hope to report clearly and completely on our finances and find ways to maximize their effectiveness in order to maintain a secure financial future for the Temple.

**Membership Director: Marilyn Racette**

**Marilyn Racette** was born and raised in the Bronx, which by Waltham standards makes her a ‘breezer’, although she has spent the last 26 years here. She is a mother and grandmother, has worked as an English instructor, a cook, a waitress, and for many years as a bookseller. She became part of the TBI community along with her father, Sal Araten, after the death of her mother Anna in 2001. Since that time, she has served on various committees and been active in temple affairs, including maintaining the TBI library. As Membership Director she hopes to actively engage with current members of the temple, fostering inclusiveness and a vibrant, caring, and connected community, and to increase membership. Marilyn looks forward to working with members of the board, the rabbi, and the greater temple community to achieve these goals.

**Members at Large:**

**Joan Friedman** has been a temple member for several years, and a soup-making member of the Hesed committee for one year. She believes in doing the mitzvah that is on her path. Joan lives in Waltham with two 18-year-olds, 4 cats, and one other adult.

**Erika Mackin** is from Omaha, Nebraska originally, but moved to Waltham in 2019 from upstate New York after completing her PhD in computer science. When not working on AI research, she enjoys exploring the local parks and reading ever weirder cookbooks (this year’s culinary challenge—fermentation!). If elected to the board, she looks forward to getting a closer look and better understanding of how the synagogue is run.

**Natasha Moshinsky:** I was born in the Former Soviet Union. I immigrated to the United States in the early 90s. I am bilingual, and my dominant language is Russian, but I also speak English fluently. I am a Special Education Teacher at a Charter School in Everett, MA. I am interested in this role to bring in diversity as well as my background in disabilities into the Synagogue Community.
of the Zohar ("Book of Splendor"). The Zohar speaks of a kind of spiritual DNA (not in that language, of course) present in the world on many levels and in many ways. Rather than being a double helix, this spiritual DNA strand is a 7-pointed chain - a chain of pools flowing into one another - called the Sefirot. This 7-pointed chain of the Sefirot maps nicely onto the Omer, which is itself a period of seven complete weeks. In the Kabbalistic way of counting the Omer, each point on the chain gets its own week; within each week, each point on the chain gets its own day.

There are many ways of understanding the Sefirot. What I present here is by no means comprehensive or definitive. Below, I present my understanding of the perspective of one rabbi, my teacher at Hebrew College, Rabbi Ebn Leader, a long-time student of Rabbi Art Green and Rabbi David Hartman, and a teacher of the Zohar and many other Jewish texts. I hope that some of you will use it to deepen your experience of counting the Omer. Rabbi Leader’s understanding has helped me embrace the Sefirot as spiritual technology, and I hope it can help you access the Sefirot, too.

According to Rabbi Leader, the central point in the Sefirot is Yesod. Yesod - which means “foundation” - stands for the tzaddik, the righteous or good person. We are all trying to be righteous. We all have what it takes to be good. The Sefirot are a pathway or a method to becoming a tzaddik or righteous person - a pathway to becoming our best selves. The other six sefirot (apart from Yesod) channel the energies of the righteous person, and they come in pairs. The first pair are given things that the righteous person must learn to accept. The second pair are modes in which the righteous person may function. The third pair are tools that the righteous person may use.

Hesed and Gevurah are givens that the righteous person must learn to accept. Hesed can mean a kindness or a freely given gift. Our birth is the most basic freely given gift of our lives. Hesed is about births and new beginnings. The fact that we were born is a hesed, and the facts of our birth - who our parents are or were, the place and time of our birth - are beyond our control. The righteous person learns to accept their beginnings. If Hesed is birth, then Gevurah is death. Gevurah means strength and boundaries. Death is the boundary of our bodily life. The righteous person comes to terms with the fact that this life will end.

Tiferet and Malkhut are modes in which the righteous person may function. Tiferet means splendor or beauty. In the mode of Tiferet, the righteous person envisions a more beautiful, more just world. Tiferet is “the world as it could be.” Tiferet is God’s vision for the world, and it is future-oriented. Malkhut means sovereignty or kingdom. In the mode of Malkhut, the righteous person tries to see the world as it is, as God sees it. Malkhut is focused on the present.

Netzach and Hod are tools that the righteous person may use. Netzach means eternity or victory. To use Netzach is to overcome obstacles, to be victorious in a fight for change against the inertia of what is. Sometimes the righteous person strives for victory with Netzach. Hod indicates humility, acceptance, and God’s help. To use Hod is to accept what is, to embrace the present and to allow the future to unfold on its own. The person who uses Hod might follow this light advice to those who meditate: Don’t just do something - sit there.

This year, the counting of the Omer begins on a Monday. Monday and Tuesday will be the days of Hesed and Gevurah - days of accepting our beginnings and our endings. Wednesday and Sunday will be days of Tiferet.
and Malkhut - a day of envisioning what could be and a day of seeing what is. Thursday and Friday will be days of Netzach and Hod, days of picking up the tools of overcoming and acceptance.

The point in the sefirot that has no partner - Yesod - falls on Shabbat this year. For seven Shabbatot between Passover and Shavuot, we will be invited to see ourselves as completely righteous people, as people who have completed the work necessary to become righteous. For six days a week, righteousness is an unfinished, ongoing project. Shabbat, however, is otherworldly, a taste of the world-to-come. On Shabbat, you and I will be tzaddikim. The challenge will be, can I see the tzaddik within me?

As our counting of the Omer carries us from freedom to Torah this spring, may we connect with our inner tzaddik every Shabbat. On the other six days of the week, may we strive for righteousness. When we stand at Mount Sinai on Shavuot, may our hearts might be open to receive the Torah. This is, in a manner of speaking, the eternal question of Judaism: will I join myself to a vision of a better world? Counting the Omer can be a small but deep way of joining that vision.

<table>
<thead>
<tr>
<th>Day (and Week)</th>
<th>Sefirah</th>
<th>General Description</th>
<th>Specific Tasks</th>
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<tbody>
<tr>
<td>1 Mondays</td>
<td>HESED</td>
<td>a given thing that a person can learn to accept</td>
<td>Meditate on the fact and conditions of your BIRTH.</td>
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<tr>
<td>2 Tuesdays</td>
<td>GEVURAH</td>
<td>“</td>
<td>Meditate on the fact that this bodily life ends (death).</td>
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<tr>
<td>3 Wednesdays</td>
<td>TIFERET</td>
<td>a mode in which a person may function</td>
<td>Envision the world as it COULD BE.</td>
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<tr>
<td>4 Thursdays</td>
<td>NETZACH</td>
<td>a tool that a person may use</td>
<td>Endeavor to overcome an obstacle. Try to change the world.</td>
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<tr>
<td>5 Fridays</td>
<td>HOD</td>
<td>“</td>
<td>See what is. Keep your mind focused on the present.</td>
</tr>
<tr>
<td>6 Shabbat</td>
<td>YESOD</td>
<td>The Tzaddik or Righteous Person</td>
<td></td>
</tr>
<tr>
<td>7 Sundays</td>
<td>MALKHUT</td>
<td>a mode in which a person may function</td>
<td>Be with the world as it IS.</td>
</tr>
</tbody>
</table>
Rabbi David’s Discussion Groups

EVENING TALMUD STUDY (monthly)
Time: 7:00-8:30pm on 4th Wednesdays, on Zoom
Dates: Wednesdays April 28 and May 26
Description: We continue our study of Mishnah Taanit in preparation for studying its Gemara. We will consider the ancient rituals and practices for responding to drought, crop failure, and other calamities, always asking what wisdom they offer us as we face our own 21st century calamities. In April, we will study chapter 3 of Mishnah Taanit. In May, we study chapter 4, the last chapter in this tractate. Other subjects will arise, too, as they always do in Talmud study. No prior experience necessary...
Zoom Link: https://us02web.zoom.us/j/83365026963?pwd=SysiOQotqK3hraGFRdZdIc1NJQVFnQT09

LUNCHTIME TORAH STUDY (monthly)
Time: 12:00-1:30pm on 2nd Thursdays, on Zoom
Dates: Thursdays April 8, May 13
Description: We’re nearing the end of Abraham and Sarah’s story. In April, we’ll study chapter 21 of Genesis, the first day Torah reading for Rosh Hashanah. Isaac is born and Sarah sees Ishmael doing something she doesn’t like to or near her son. At Sarah’s command, Abraham drives Hagar and Ishmael out of the house, but God’s angel intercepts them in the wilderness and comforts Hagar. In May, we’ll read chapter 22, the second day Torah reading for Rosh Hashanah, the “Binding of Isaac,” and the capstone on the more-than-eleven chapter epic of Sarah and Abraham. Discussion is largely driven by participant interest and observation. Rabbi David gently guides discussion back to the Biblical text as needed, peppers discussion with occasional rabbinic, Hasidic, or contemporary sources to aid in seeing the stories as Torah. All are welcome and encouraged to participate.
Zoom Link: https://us02web.zoom.us/j/87353443111?pwd=b0hQYXcvexVXVVtBqMnpvRlISMSs2QT09

MONTHLY KABBALAT SHABBAT with MAARIV
Time: 5:30-6:30pm on 1st Friday of the month on Zoom
Dates: Fridays April 9, May 7
Description: Now, back by popular demand, Rabbi David (and/or a lay leader) will lead the evening service after Kabbalat Shabbat once a month. Sharing of tov me’od - a good thing from your week to sweeten the arrival of Shabbat - will occur after the evening service, at 6:25pm. Lay leaders are encouraged to lead portions or all of Kabbalat Shabbat and/or maariv, as they are able. Please be in touch with Rabbi David (rabbidavid@lithiwalltham.org) if you want to lead some part of Friday night.
Zoom Link: https://us02web.zoom.us/j/86094088277
Rabbi David Teaches “Intro to Jewish Prayer” for Jewish Discovery Institute

When: 5 consecutive Thursday evenings - Apr 22, 29, May 6, 13, 20
Where: online
Cost: free ($50 recommended donation)

Rabbi David will be teaching an “Intro to Jewish Prayer” course online for the Jewish Discovery Institute, on 5 consecutive Thursday evenings - Apr 22 and 29, and May 6, 13 and 20. Join us to unravel the structure, choreography, and meaning of the traditional Jewish prayer service. No previous background in Hebrew or Jewish education is necessary, just the desire to learn. All are welcome and invited to participate in the course. Participation is free of charge - a $50 donation is recommended.


Schmooze with Us

Do you miss running into other TBI members at the entry of our building, and sinking into the sofas for a chat? Or gathering at a table in the social hall and seeing where the conversation goes?

The Chesed Committee has created two opportunities every month for you to do this on Zoom, since we still can’t come together in person. No agenda. No business to discuss. No facilitator. No idea who might show up!

Drop in, see who you run into, and see what conversation happens. It’s possible no one else will be there, but it’s worth checking!

This is unmoderated, but basic rules apply—only friendly, respectful conversation. Please do not share the link outside the TBI community. And please keep the discussion purely social; this is not for synagogue business.

Enjoy!

TBI Members’ Monday Schmooze

1st Monday of every month, 11 am to Noon:
https://us02web.zoom.us/j/85836722412?pwd=ROxmMTFRQ2tXcVNmNHJWmRrd2VwUT09
Meeting ID: 858 3672 2412
Passcode: Schmooze
Dates to remember: Monday, April 5, and May 3, at 11 am

TBI Members’ Thursday Schmooze

3rd Thursday of every month, 1 pm – 2 pm:
https://us02web.zoom.us/j/84875146576?pwd=RzZvN2hVR6YpMy8yq1Nld2hja29vUT09
Meeting ID: 848 7514 6576
Passcode: Schmooze
Dates to remember: Thursday, April 15, and May 20, at 1 pm
Zoom with Us!  
April and May 2021

We are now meeting by computer and by phone, instead of in in person.

To join by phone—no computer needed: Dial (301)-715-8592. You will hear a prompt to enter a meeting ID. Enter the meeting ID, followed by #. In the listing of events below, we show the meeting ID for each event.

To join by computer or mobile device, visit zoom.us in a web browser, click Join a Meeting, and enter the meeting ID and password for the event (or click the direct link to the event posted on our website or in our weekly email update). The current list of events appears below.

For the latest schedule of online events, visit http://www.tbiwaltham.org/virtual-tbi/.

<table>
<thead>
<tr>
<th>April and May Shabbat Services Online</th>
<th>Meeting ID</th>
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<tbody>
<tr>
<td>April 9, May 7</td>
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<tr>
<td>Apr 2, 16, 23, 30</td>
<td></td>
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<tr>
<td>May 14, 21, 28</td>
<td></td>
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<tr>
<td><strong>Kabbalat Shabbat with Maariv 5:30pm—6:30 pm</strong></td>
<td><strong>860 9408 8277</strong></td>
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<tr>
<td><strong>Shabbat Shalom - 5:30pm—6:00 pm</strong></td>
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<td>Apr 3, 10, 17, 24</td>
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<td>May 1, 8, 15, 22, 29</td>
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<tr>
<td><strong>Shabbat Morning Together - 10:30 am</strong></td>
<td><strong>898 2996 2372</strong></td>
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<tr>
<td><strong>Thursday Morning Minyan</strong></td>
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<td>Apr 1, 8, 15, 22, 29</td>
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<td>May 6, 13, 20, 27</td>
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<tr>
<td><strong>Morning Minyan 8:00am</strong></td>
<td><strong>860 6404 5288</strong></td>
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<td><strong>Rabbi’s Discussion Groups</strong></td>
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<tr>
<td>Tuesdays</td>
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<tr>
<td>12:30pm-1:30pm Rabbi David’s Open Zoom Hour</td>
<td><strong>811 0356 9244</strong>&lt;br&gt;pw: 157389</td>
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<tr>
<td>Thurs. April 8, May 13</td>
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<tr>
<td>12:00pm—1:30pm Lunchtime Torah Study</td>
<td><strong>873 5344 3111</strong>&lt;br&gt;pw: 922863</td>
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<tr>
<td>Weds. Apr 28, May 26</td>
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<tr>
<td>7:00pm—8:30pm Evening Talmud Study</td>
<td><strong>833 6502 6963</strong>&lt;br&gt;pw: 615895</td>
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JOIN WITH THE TEMPLE BETH ISRAEL COMMUNITY FOR YOM HASHOAH

ON YOM HASHOAH (HOLOCAUST REMEMBRANCE DAY) WE REMEMBER THE SIX MILLION JEWS AND OTHERS WHO PERISHED DURING THE HOLOCAUST. YOM HASHOAH OCCURS ON THE 27TH DAY OF NISSAN, WHICH BEGINS AT SUNDOWN ON WEDNESDAY, APRIL 7, 2021.

Wednesday, April 7 7:00-7:30 pm

We will gather on Zoom to light candles in memory of those who died during the Holocaust. You may wish to light the Yellow Candle sent to you, a memorial ("Yahrzeit") candle, or any candle you may have as part of this brief online ceremony. Poetry and a memorial prayers will also be recited.

Temple Beth Israel's President, Mark Frydenberg, whose father was one of the children taken to Windermere, will introduce the documentary, The Windermere Children. The film tells the remarkable story of how Britain saved 300 children who survived the Holocaust and took them to a new life in Windermere, in Northern England’s Lake District. The orphaned Polish children forged lifelong friendships which became a lifeline to their promising future. The dramatization of their story was produced by the BBC, and it was first broadcast in the UK in January 2020 to coincide with the 75th anniversary of their liberation.

Zoom Meeting ID: 86214596983 Passcode: 726259

Sunday, April 11 at 11:00 AM

We will gather on Zoom for a discussion of The Windermere Children.

Our special guest will be Trevor Avery, Holocaust Historian and Director of the Lake District Holocaust Project in Windermere, in the United Kingdom.

Since 2005, Trevor has been involved in an ongoing project looking at the connections and legacy of the 300 child survivors of the Holocaust who came to Windermere in the Lake District of England in 1945 directly after their liberation from concentration camps of Nazi-occupied Europe. Trevor recently presented the story of the Windermere Children at the United Nations Holocaust Remembrance Program.

Trevor was a primary researcher for The Windermere Children film. He also will share stories of some of the Windermere Children who appear in the accompanying documentary, The Windermere Children, In Their Own Words.

Zoom Meeting ID: 81460521662 Passcode: 361248

We invite you to watch the film drama and/or the documentary on your own before joining for Trevor’s presentation on Sunday morning, April 11 at 11:00 am. Links to watch these videos are below.

The Windermere Children (film):
https://www.facebook.com/barry.preter/posts/2976369649120128

Windermere Children, In Their Own Words (documentary):
https://www.facebook.com/barry.preter/posts/2976297779127315

The act of lighting a candle reminds us that we must remember, teach, and never forget the stories of those who died, and celebrate the stories of those who survived.
Thursday Morning Minyan 8:00am

Our morning minyan is a vital part of what makes TBI a caring community. It’s important to have a minimum of ten Jewish adults present, and visible on the screen to gather as a virtual minyan. By attending, you can show your support to our community and to those saying Kaddish.

The minyan will begin promptly at 8 am, and will end by 9 a.m. We include Torah reading. We use Siddur Sim Shalom for Weekdays. (Note, this is a different edition of the siddur than what we have used at the synagogue.) You can borrow a prayer book at TBI (contact Andrea to arrange), download at http://www.tbiwaltham.org/pray/morning-minyan/ or click here. We also share the pages on the screen.

Please attend when you can and start your Thursday with us!

Click to Zoom in to the Minyan

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Thank You for your Yellow Candle Donations

- Ellen Band
- Susan Baron
- Ed Brown
- Erika Cohen
- Alan and Avis Cohen
- Mark Frydenberg
- Gagnon Family
- Ed Kaufman
- Diana Korzenik
- Jonathan Lurie and Debra Darling
- Robert Macauley
- Marilyn Racette
- Jonathan and Cookie Schiff
- Paul Smith
- Albert Smith
- Rob and Catherine Solomon

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Thank you to Susan Holbert for her assistance in organizing our Song of Songs on the Charles event on the last day of Passover.

More than 20 members of TBI attended.

Many remarked how nice it was to see everyone in real life!

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TBI Bookshelf by Marilyn Racette

In Unstoppable Joshua M. Greene tells the true story of Siggi B. Wilzig, Auschwitz survivor and Wall Street entrepreneur. A teen when he was sent to Auschwitz, Siggi used his wits to survive. After liberation he helped the US army track down Nazi war criminals. At the age of 21 he arrived in the United States with 240 dollars hidden in his suitcase, vowing never to go hungry again, to support the Jewish people, and to always speak out against injustice. He earned his first dollars shoveling snow after a blizzard. With no education beyond grade school, Siggi used his determination, intelligence, chutzpah, and faith, to reach success. He raised a family, rose to prominence as Chairman and CEO of a New York Stock Exchange listed Oil Company, and grew a full-service commercial bank to billions in assets. Haunted by his memories, Siggi made a point of telling his story, addressing the cadets at West Point as well as other groups, and was instrumental in the creation of the Holocaust Museum in Washington D.C. Siggi was not always easy to deal with, but he had a big heart, and left a lasting impression. There are many Holocaust memoirs, but this one really is remarkable.
April Yahrzeits

Lena Sheer  Nisan 19  1-Apr
Sonia Weiner  Nisan 19  1-Apr
Gertrude Walk  Nisan 20  2-Apr
Samuel Goodman  Nisan 21  3-Apr
Eli Weinier  Nisan 21  3-Apr
Belle Freedman  Nisan 22  4-Apr
Samuel Seidman  Nisan 23  5-Apr
Nathan Sheer  Nisan 23  5-Apr
Ruth Seigler  Nisan 23  5-Apr
Goldie Gamerman  Nisan 24  6-Apr
Jeanne Bloom  Nisan 24  6-Apr
Morris Ullman  Nisan 24  6-Apr
Ethel Stroum  Nisan 24  6-Apr
Anna Macklin  Nisan 25  7-Apr
Moshe Ben Aaron  Nisan 25  7-Apr
Anna Wolf  Nisan 25  7-Apr
Richard Cutter  Nisan 26  8-Apr
Francis Chorney  Nisan 27  9-Apr
Max Eisenberg  Nisan 27  9-Apr
Robert E. Weinberg  Nisan 27  9-Apr
Edith Cantor  Nisan 27  9-Apr
Goldie Ramler  Nisan 30  12-Apr
Nathan Kaufman  Nisan 30  12-Apr
Samuel Trager  Nisan 30  12-Apr
Shirley Hoffman  Iyar 01  13-Apr
Gertrude Goldstein  Iyar 01  13-Apr
Freda Kaufman  Iyar 01  13-Apr
Bessie Sheer  Iyar 02  14-Apr
Samuel Coppelman  Iyar 02  14-Apr
Ben Benjaminson  Iyar 03  15-Apr
Rubin Zelnertsky  Iyar 03  15-Apr
Joseph Statrow  Iyar 03  15-Apr
Florence Woodin  Iyar 03  15-Apr
Aaron Weiner  Iyar 03  15-Apr
Nicholas Fairweather  Iyar 03  15-Apr
Anna Geller  Iyar 04  16-Apr
Dora Koszerek  Iyar 04  16-Apr
David Wigod  Iyar 04  16-Apr
Howard Lewis  Iyar 05  17-Apr
Rebecca Zall  Iyar 05  17-Apr
Morris Levison  Iyar 05  17-Apr
Anna Ida Burofsky  Iyar 06  18-Apr
George Freeman  Iyar 07  19-Apr
Goldie Stoeger  Iyar 07  19-Apr
Goldie Kaswell  Iyar 07  19-Apr
Mary Trager  Iyar 07  19-Apr
Judith Kaplan  Iyar 09  21-Apr
Charles S. Statrow  Iyar 09  21-Apr
Samuel L. Griff  Iyar 10  22-Apr
Anne Itzkowitz  Iyar 10  22-Apr
Herman Greene  Iyar 11  23-Apr
Simon Hoffman  Iyar 11  23-Apr
Gad Hakerem  Iyar 11  23-Apr
Morris Cantor  Iyar 11  23-Apr
Edith Friedlander  Iyar 11  23-Apr
Robert Liberman  Iyar 12  24-Apr
Bessie Silver  Iyar 13  25-Apr
Aaron Soltes  Iyar 14  26-Apr
Samuel Schwartz  Iyar 14  26-Apr
Eli Tannen  Iyar 15  27-Apr
Elita Liberman  Iyar 15  27-Apr
Fannie Kinnen  Iyar 15  27-Apr
Sophie Messer  Iyar 15  27-Apr
Anna Goldstein  Iyar 15  27-Apr
Anna Resh  Iyar 16  28-Apr
Freda Griff  Iyar 17  29-Apr
Chiam Creovshay  Iyar 17  29-Apr
Louis Berman  Iyar 17  29-Apr
Simon Kniznik  Iyar 17  29-Apr
Ilene Joyce Nathanson  Iyar 18  30-Apr
Hyman Weinsntein  Iyar 18  30-Apr
Jacob Fine  Iyar 18  30-Apr
Louis Dubin  Iyar 18  30-Apr
Morris Fisher  Iyar 18  30-Apr
Helen Keaney  Iyar 19  1-May
Joseph Kurtzman  Iyar 20  2-May
Frances Rose Kaplan  Iyar 20  2-May
H. L. Berman  Iyar 20  2-May
Sophie Trager  Iyar 21  3-May
Harry Sheinheit  Iyar 21  3-May
Zelda Pokat  Iyar 21  3-May

We wish a long life to our members who are observing a Yahrzeit in the coming weeks.

If you would like assistance to arrange a virtual minyan so that you may say kaddish for your loved ones, please contact the Temple office at least one week in advance.

- Apr 4 - David Freedman, in memory of his mother, Belle Freedman
- Apr 6 - Larry Bloom, in memory of his mother, Jeanne Bloom
- Apr 6 - Miriam Chernoff, in memory of her uncle, Morris Ullman
- Apr 7 - Ed Brown, in memory of his father-in-law Moshe ben Aaron
- Apr 8 - Judith Isaac, in memory of her brother, Richard Cutter
- Apr 9 - The Lesnicks, in memory of Francis Chorney
- Apr 9 - Penina Weinberg, in memory of her brother, Robert Elliot Weinberg
- Apr 12 - Bruce Trager, in memory of his grandfather, Samuel Trager
- Apr 13 - Ed Kaufman, in memory of his mother, Freda Kaufman
- Apr 14 - Ellie Handel, in memory of Samuel David Coppelman
- Apr 15 - Celia Shneider, in memory of her son, Nicholas Shneider
- Apr 15 - Celia Shneider, in memory of her son, Nicholas Shneider
- Apr 16 - Celia Shneider, in memory of her son, Nicholas Shneider
- Apr 17 - Amy Rothman, in memory of her grandmother, Rebecca Zall
- Apr 19 - Robert Katz, in memory of his grandmother, Goldie Stoeger
- Apr 19 - Bruce Trager, in memory of his mother, Mary Trager
- Apr 21 - Lillian Etkind, in memory of her mother, Anne Itzkowitz
- Apr 23 - Gita Hakerem Foster, in memory of her father Gad Hakerem
- Apr 23 - Patricia McCue, in memory of Morris Cantor
- Apr 27 - Thelma Kinnen, in memory of her mother-in-law, Fannie Kinnen
- May 1 - Esther Keaney, in memory of her mother, Helen Keaney
- May 3 - Bruce Trager, in memory of his grandmother, Sophie Trager
We wish a long life to our members who are observing a Yahrzeit in the coming weeks.

If you would like assistance to arrange a virtual minyan so that you may say kaddish for your loved ones, please contact the Temple office at least one week in advance.

- May 3 - Zach Roe, in memory of his mother, Lori Ann Roe
- May 6 - Penina Weinberg, in memory of her mother Carlena Bertha Hungerford Weinberg
- May 9 - Carol Master, in memory of her father, Avraham ben Yitzhak Itsik
- May 9 - Zach Roe, in memory of his grandfather, Henry Mefford Roe
- May 13 - Miriam Chernoff, in memory of her uncle, Jack Bloom
- May 16 - Ed Kaufman, in memory of his father, Joseph Kaufman
- May 17 - Albert, Paul and David Smith, in memory of their sister Molly Smith
- May 18 - Stanley Goldstein, in memory of his father, Carl Goldstein
- May 18 - Bruce Trager, in memory of his father, Jack Trager
- May 19 - Jill Stanton, in memory of her father, Myron Stanton
- May 20 - Carol Master, in memory of her mother, Zisl ben Nisn Shoteur
- May 21 - Marilyn Racette, in memory of her grandmother, Grete Araten
- May 24 - Sylvia Hobbs, in memory of her mother, Beatrice Hobbs
- May 26 - Miriam Chernoff, in memory of her grandmother, Ida Ullman
- May 26 - Steven Zieff, in memory of his mother, Irene Zieff
- May 27 - Barbara Camann, in memory of Steven Siegel
- May 28 - Alan Levine, in memory of his mother, Lillian Levine
- May 29 - Mark Frydenberg, in memory of his father, Bernie Frydenberg
- Jun 1 - Jessica Benjamin, in memory of her father, Robert Stern
- Jun 3 - Martin Taubman, in memory of his father-in-law George Mikelbank
- Jun 8 - David Freedman, in memory of his father, Nathan Freedman
Donations

- Thelma Kernen, in memory of Yukkee Kernen.
- Jill Carni, wishing Glen Kwong a full and speedy recovery from lung surgery.

Warming Center Donations

- Paul Smith
- Rebecca Gill, in honor of the yahrtzeit of her mother, Sandra Leavy Gustin.

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Temple Beth Israel Memorial Park

The cost for an individual grave in Temple Beth Israel Memorial Park for members is $2,200. The cost for non-members is $2,800, which includes one year of membership ($600). Graves in the Kulanu interfaith section are sold in lots of two, at a total cost of $4,400 for members. The cost for non-members is $7,600 for a lot of two, which includes one year of family membership ($1,200). Please contact Jay Trilling of Menorah Cemetery Management Corporation, at (857) 636-9440 for further information. —Jim Baron, Cemetery Committee Chair

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Social Media

Follow us on social media:

- Facebook: facebook.com/TBIWaltham/
- Twitter: twitter.com/tbiwaltham
- Instagram: instagram.com/tbiwaltham/
- LinkedIn: linkedin.com/company/tbiwaltham/

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Temple Beth Israel Donation Form

For your convenience, please use this form to make your donations and send to: Temple Beth Israel, 25 Harvard Street, Waltham, MA 02453. You may also donate online at http://tbiwaltham.org/donate. The minimum donation amount is $10. Please add additional information on another sheet.

Attached is my donation check in the amount of $______ Please allocate it to the following funds:

___ General Fund ___ Event Participation Fund ___ Rabbi’s Discretionary Fund
___ Goldstein Prayerbook Fund ___ Morris Hollender Torah Fund ___ Children’s Services
___ Education Fund

This donation is being made ___ in honor of ___ in memory of ________________________________

This donation is made by: ____________________________
Name:
Address: ______________________________________
City/State/Zip _________________________

Please send acknowledgment to:
Name: _______________________________________
Address: ____________________________________
City/State/Zip ________________________________
### Mark Your Calendar! April and May 2021 Highlights

<table>
<thead>
<tr>
<th><strong>Shabbat</strong></th>
<th>Fri April 9 and May 7 - Kabbalat Shabbat and Maariv (5:30 to 6:30 pm)</th>
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<tr>
<td></td>
<td>Fridays - Shabbat Shalom (5:30 to 6:00 pm)</td>
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<tr>
<td></td>
<td>Saturday Mornings at 10:30 am</td>
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<tr>
<td><strong>Schmooze</strong></td>
<td>See page 9 for the Zoom Links</td>
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<td></td>
<td>Monday, April 5, and May 3, at 11 am,</td>
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<td></td>
<td>Thursday, April 15, and May 20, at 1 pm</td>
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<tr>
<td><strong>Tuesdays</strong></td>
<td>Rabbi’s Office Hour 12:30-1:30pm (note the new time)</td>
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<tr>
<td><strong>Torah Study</strong></td>
<td>12:00pm-1:30pm Lunchtime Torah Study April 8, May 13</td>
</tr>
<tr>
<td><strong>Talmud Study</strong></td>
<td>7:00pm-8:30pm Evening Talmud Study - April 28, May 26</td>
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<tr>
<td><strong>Yom HaShoah</strong></td>
<td>Wednesday, April 7 at 7:00 PM - see page 11 for details</td>
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<tr>
<td><strong>Candle Lighting</strong></td>
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<tr>
<td><strong>Yom HaShoah</strong></td>
<td>Sunday, April 11 at 11:00 AM - see page 11 for details</td>
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<tr>
<td><strong>Speaker</strong></td>
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