Volume 49, Issue 8 May 2024





Temple Talk

Brought To You By Rabbi Ben: Continuing Our People's Story

By: Rabbi Benjamin Chaidell

Shalom! I write today beaming with pride at how our community came together to celebrate Passover at our first community seder in 5 years! There was a remarkable feeling of joy, connection, and meaning at the seder among those who attended, but the significance of this event goes beyond the evening itself. It represents something we as a community accomplished together, and it shows us just what we can do when we join together, each contributing our time,

talents, and skills as a people, much like our ancestors did when they became a nation on this holiday of Passover and realized just what they could do as the people of Israel.

Everyone who koshered, menu planned, shopped, cooked, set up, served, and cleaned up, all who donated to sponsor the seder so that all could attend, and everyone who showed up at the seder had a part in bringing our story to life. Mark, Linda, Marilyn, Joan, and Zach

Presidents Message

By: Linda Ungerleider

I hope you participated in one of April's well attended and well received programs. We hope you enjoyed it! Todah rabah to all who facilitated programs, including Martha Tolpin, Denise Dickenson, Diana Korzenik and Willy Shild. Thanks to Rabbi Ben for his thoughtful teaching sessions on Thursdays. To Yehudah Michael, a former congregant, for his amazing talk on being an Israeli in these times while working in the Jewish community. Let's not forget the many,

Brought to you	
by Rabbi Ben	1, 7
Presidents Message	1, 8
Learning Opportunities	2,3,4
Programs	5
Zoom Links	6
Donations/Thank You's	9
Yahrzeits	10

(Continued on page 7)

(Continued on page 8)





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Rabbi Ben's Upcoming Programs

Classes unless otherwise noted, will be held in-person with a Zoom option available to those unable to attend in person. To attend, please contact Rabbi Ben at rabbiben@tbiwaltham.org or 781-894-5146. Zoom links will be made available the week before each event.

- **1. Yom Hashoah Memorial Gathering, Sunday May 5, 2-4 PM Hybrid** Join TBI members for an intimate memorial gathering to mark Yom Hashoah, Israel's Holocaust Remembrance Day. We will offer traditional memorial prayers and share stories of family and friends who perished or were affected by the Holocaust. **Click Here to Join** or use our service Zoom link to view online
- 2. Rabbi Ben at Lehraus (425 Washington St. in Somerville), Sunday May 5 at 5:30 PM In Person Only

Rabbi Ben will teach the following class at Lehraus. This class is cosponsored by NextGen and open to all members of TBI as well as the wider Boston community. Registration link to follow soon from Lehraus. This class will be offered on a sliding scale. **Registration is required. CLICK HERE to register**

Swap Doom Scrolling for Community: How to Combat Loneliness Today Everything God creates is "Tov" or "good" save for the first human, Adam, being alone, which is "lo tov" or "not good." In this workshop we will practice hands-on strategies from Torah, storytelling, and pastoral care to build community and become a social connector to combat what US Surgeon General Vivek Murphy has named an epidemic of loneliness in the US. Join to learn how you can become an instrument of connection in your community and beyond!

3. Hot Topics: Sunday May 26 at 10:30 AM, in-person and on Zoom. Click Here

**Join us for minyan at 9 AM and breakfast at 9:45, in-person and on the same Zoom link above.

Finding a Home in America, Then and Now in honor of Jewish American Heritage Month

We have witnessed a rise in antisemitism and increased feelings of vulnerability among Jews in America this year. How have Jews in America responded to challenges such as this in the past, and what can

we learn from them to meet the needs of the moment today? We will take a dive into American Jewish history in honor of Jewish American Heritage month to answer these questions and more!

- 4. Jewish Prayer 2.0: How, What, and Why We Pray May 13 at 7pm on Zoom only <u>Click Here</u> (this month this is on Monday Night).
- 5. New Lens on the Weekly Parsha May 16 at 12:00pm on Zoom only Click Here.



Friday Night Kabbalat Services May 3 and June 7

Join us in house and online Services begin at 6:30pm

cip Combined Javish Philanthropies

Free Safety Trainings Offered by CJP Available in May and June

Your attendance at these upcoming security trainings will make TBI safer. As much as we would love more greeters and ushers in attendance at our services, knowing best practices in welcoming others is the first step. Confronting active threat and AED/first aid/CPR trainings will provide knowledge and skills to keep us safe in the building and within the greater community.



Please use these links to sign up for:

- Greeter/usher on May 7 at 7:00 <u>Click Here to</u> <u>Register</u>
- Confronting active threat on May 21 at 7:00. <u>Click</u>
 <u>Here to Register</u>
- AED/first aid on June 9 at 3:00 with supper provided. **Sign up link coming soon.**

You can also contact the Temple Office to register for these trainings as well.

These are free and you can attend 1, 2 or all 3.





Rosh Hodesh Group - Sunday May 5 @ 5-6pm TBI Lobby

Rosh Hodesh has traditionally been a time when women would not work; instead, they would get together to celebrate with food, wine, etc. TBI has started its own Rosh Hodesh group for those identifying as female.

The next meeting will be held on Sunday, May 5 @ 5:00 pm in the

TBI alcove. This is for Yom Ha'atzumaut that falls in Iyar, bring your favorite Israeli snack, beverage, story, etc. to share, please email me at dickinsondr@hotmail.com.

> RSVPs are appreciated. Next Program will be June 2 Contact Denise Dickinson at dickinsondr@hotmail.com for questions, etc.

Save the Date **Shavuot 5784**

Tuesday June 11, 7 PM, in-person and on Zoom here: https://us02web.zoom.us/ i/85866896770?

pwd=MkYwVVNpZitGalJtWDl3Q256eGJ1QT09



Celebrate the Torah at TBI at our Tikkun Leil Shavuot. Enjoy learning sessions led by Rabbi Ben and TBI Members to gain new perspectives on our people's story, as well as a dairy dessert kiddush with cheesecake and a short ma'ariv service. Schedule to be announced soon.

Wednesday June 12 and Thursday June 13, 9:30 AM.

Join us for Yomtov Holiday Morning Services in-person and over Zoom (https://us02web.zoom.us/j/85866896770?) pwd=MkYwVVNpZitGalJtWDl3Q256eGJ1QT09)

V

Portraits: Facilitated by Diana Korzenik

Join us on Saturday, May 11th after Kiddush for our next Portraits featuring Bruce Trager.



Social Justice Committee

Chair: Joshua Mandell

- The Community Day Center (collection bin in the lobby) is looking for, t-shirts, new socks, mens underwear, size medium and large, women's and men's spring and summberclothes.
- There is a bin in our lobby for used books that are donated to More than Words.
- We are collecting canned salmon for the Family Table. Please place your donations in the wood bin in the Temple Lobby.
- Watch for further information about an upcoming talk from a Boston University professor as part of our participation in the Kulanu Initiative.

Programs coming in future months

- TBI Annual Meeting June 23
- Mental Health Panel Discussion June 9
- Whale Watch
- Havdallah and a Movie



We meet by computer, by phone, and in person (though we do close the building temporarily in COVID-19 surges—please check the website).

To join by phone--no computer needed: Dial (301)-715-8592. You will hear a prompt to enter a meeting ID. Enter the meeting ID, followed by #. In the listing of events below, we show the meeting ID for each event.

To join by computer or mobile device, visit <u>zoom.us</u> in a web browser, click *Join a Meeting*, and enter the meeting ID and password for the event (or click the direct link to the event posted on our website or in our weekly email update). **The current list of events appears below.**

For the latest schedule of online events, visit http://www.tbiwaltham.org/.

Dates	May Shabbat Services Online	Meeting ID
May 3	Services Offiffe Services Inhouse and Online Services begin at 6:30	
M. 10 17 04 01	Shabbat Service - 5:30 pm - 6:00 pm	Click Here to Join
May 10, 17, 24, 31 May 11, 18, 25	Online only Shabbat Morning	Click Here to Join
Widy 11, 10, 25	In-house and Online 9:30 am Thursday Morning Minyan	OHOK HOTO TO GOIN
May 2, 9, 16, 23, 30	Morning Minyan 8:00 am Online only	Click Here to Join
	Sunday Morning Minyan	
May 26	Sun. Morning Minyan & Breakfast 9:00am Rabbi Ben Teaching 10:30	Click Here to Join
All Online Services	All Online Services	858 6689 6770 pw: TBIservice

Rabbi Ben's Monthly Classes

May 13—Monday	Jewish Prayer 2.0: How, What, and Why We Pray This month this will be held on a different night, 7:00pm	Contact Rabbi Ben if Interested. Zoom Link available the week before the program
May16—Thursday	New Lenses on the Weekly Parsha - Online Only Third Thursday of the month at 12pm	Contact Rabbi Ben if Interested. Zoom Link available the week before the program
May 26—Sunday	Hot Topics - after minyan and breakfast around 10:30am in house and online	This program can be viewed on the Service Zoom link above.

Page 7

Brought To You By Rabbi Ben: Continuing Our People's Story

By: Rabbi Benjamin Chaidell

(Continued from page 1)

served as "captains" for each of the above and Andrea ensured we had the people power we needed to succeed. It is that people power that has driven our people's success, from the very first Passover until today.

Passover is the beginning of our people's story. It began the journey to receive the Torah at Mount Sinai, which we will celebrate on our next holiday of Shavuot (save the date for our tikkun on the evening of June 11!). On Shavout we received our mission as a people to live and teach the Torah. It was on Passover our journey began to Sinai; we count the omer each day to anticipate when we stood tall as a people ready to achieve our destiny.

This month of May we commemorate events of the last century that represent the unfolding story of our people. On the afternoon of May 5 we will gather to share stories of remembrance of loved ones as we commemorate Yom Hashoah V'hagevura. We will tell of our resilience in the face of evil, hatred, and destruction, then and now. May 13-14 marks the renewal of Jewish life and sovereignty in Israel on Israel's birthday, Yom Ha'atzmaut. It is when we fulfilled our destiny to live as a free people to realize our values and ideals in our own land.

And lastly, May is Jewish American Heritage Month, when we reflect on the history of Jews in this country and what it means to be a Jewish American. Join us on May 26 to learn lessons from Jewish history for our present moment.

This month of Jewish peoplehood – as we remember our people's origin on Passover, our journey to Torah in the omer, our history in America, and the events of the last century that transformed Jewish life around the world, demands of us the question: what will we write as the next chapter of the story? What will each of us add to the story of the Jewish people? How will we stand by Israel and our fellow Jews during these difficult times? How will we as a community continue to gather, as we did on Passover, to tell our story and to write its next chapter?

I look forward to joining you for the journey this month and beyond!

Rabbi Ben





Rabbi Ben's Office Hours

Wednesdays from 9:30am –10:00am will be Zoom Only. Click Here to enter the zoom room.

From 10:00am - 12:00pm people can make an appointment or just drop in, understanding they may need to wait if someone is already with me.

Presidents Message

By: Linda Ungerleider (continued from page 1)

many volunteers who made our Seder such a huge success. Thank you to all who cleaned and kashered the kitchen, shopped, prepared the food, set up the social hall and helped with serving and clean up. Rabbi Ben and many others led the Seder beautifully. We will have a "Thank You" list of all those who helped or participated on the table in the lobby!



May and June promises to be as exciting with Rabbi Ben's teaching, Rosh Chodesh group, Yiddish short stories and Portraits Interview with Bruce Trager, our Annual Meeting and much, much more.

TBI will be hosting three safety trainings sponsored by CJP. YOU are encouraged to participate in 1, 2 or all 3, for your own safety and understanding how to help others in these uncertain times within the Jewish community. On May 7, Greeter Training and May 14, Active Threat Training both begin at 7:00 with light refreshments. On June 9, AED/First Aid Training will begin at 3:00 with a light dinner served. See sign up link on page 3. Being prepared is essential for your safety and those at TBI.

Donations

Saturday Kiddush Donations

- June 8 Tzvi Abusch and Martha Tolpin
- July 6 Sylvia Hobbs

Sharing a light lunch after services each week strengthens and creates community. \$200 sponsors one Shabbat lunch for up to 40 people. Contact the office to reserve your week today!

General Fund Donations

- Merrill Griff, for sponsoring our Siyyum in memory of his father.
- Paul Smith, in memory of Alice Smith, Benjamin and Sonia Smith, Marilyn Smith, David Smith and Judith Smith.
- Anita Kennen, in memory of her parents Thelma and Yukie Kennen.
- Lois Griff-Gaebler, in honor of Merrill Griff and Carol Wilcox
- Martha Tolpin, in honor of the generosity of the chesed committee and TBI members, for their organization of a meal train during my recovery.

Passover/Mark Frydenberg Event Participation Fund

- Chaiken-Dodell-Chaidell family
- Edie Rosenberg
- Sylvia Hobbs
- Levi Schmitt
- Dianne Levine
- Anonymous

Please consider making a donation in memory of a loved one listed on our yahrzeit page, or in honor of a special someone's life cycle event. You can use the form on page 11 and send in a check or donate online at our website using a credit card.

Thank You to everyone that volunteers to help make services, kiddushes and other special events, on Shabbat and Holidays run smoothly. We could not do this without each of you.

Please <u>CLICK HERE</u> to volunteer to be gabbai, to read from the Torah or chant a Haftarah, or sponsor a kiddush or contact Mark Frydenberg or Rabbi Ben if you would like to give a D'var Torah in the coming months.

Mental Health Panel - June 9 - SAVE THE DATE

Rabbi Ben Chaidell will be moderating, with panelists: Catherine Cantrell, Melissa Talal and Howard Trachtman.

Please let Howard know if you plan to attend, email hdt@namiboston.org or call (781) 642-0368.

This event will be open to the public so please share.

We wish a long life to our members who are observing a Yahrzeit in the coming weeks.

If your loved one is remembered here, we remind you that it is customary to acknowledge the yahrzeit with tzedakah. TBI appreciates any gift you wish to make in memory of your loved ones.

May Yahrzeits

- May 2 Larry Bloom, in memory of his mother, Jeanne Bloom
- May 2 Miriam Chernoff, in memory of Morris Ullman
- May 3 Ed Brown, in memory of Moshe Ben Agron
- May 4 George Isaac, in memory of Richard Cutter
- May 6 Phyllis Werlin, in memory of Jacob Werlin
- May 8 Bruce Trager, in memory of Samuel Trager
- May 8 Anita Kennen and Alan Kennen, in memory of their mother, Thelma Kennen
- May 9 Edward Kaufman, in memory of Freda Kaufman
- May 11 Celia Shneider, in memory of Nicholas Shneider Fairweather
- May 13 Phyllis Werlin, in memory of Margaret Werlin
- May 13 Amy Rothman, in memory of Rebecca Zall
- May 15 Robert Kaitz, in memory of Goldie Stoerger
- May 15 Bruce Trager, in memory of Mary Trager
- May 15 Bobby Shirazi, in memory of his father, Baba Shirazi
- May 18 Merrill Griff, in memory of Samuel Louis Griff
- May 19 Patricia McCue, in memory of her father Morris Canter
- May 23 Anita Kennen and Alan Kennen, in memory of their grandmother, Fannie Kennen
- May 25 Merrill Griff, in memory of Freda Griff
- May 27 Esther Keaney, in memory of Helen Keaney
- May 27 Kenzie Edwards, in memory of her soulmate, Angela Fox
- May 29 Zach Roe, in memory of Lori Ann Roe
- May 29 Bruce Trager, in memory of Sophie Trager
- May 30 Stephen Etkind, in memory of his mother Lillian Etkind

June Yahrzeits

- June 1 Sue Schy, in memory of her aunt, Sadie Glanz
- June 4 Zach Roe, in memory of Henry Mefford Roe
- June 8 Miriam Chernoff, in memory of Jack
 Bloom
- June 10 Willy Schild, in memory of Ruth Schild
- June 11 Ed Kaufman, in memory of Joseph Kaufman
- June 13 Bruce Trager, in memory of Jack Trager
- June 14 Stanley Goldstein, in memory of Carl Goldstein
- June 14 Jill Stanton, in memory of Myron Stanton
- June 16 Marilyn Racette, in memory of her grandmother, Grete Araten
- June 19 Sylvia Hobbs, in memory of her mother, Beatrice Hobbs
- June 21 Miriam Chernoff, in memory of Ida Ullman
- June 21 Steven Zieff, in memory of Irene Zieff
- June 22 Barbara Camann, in memory of Steven Siegel
- June 23 Alan Levine, in memory of his mother Lillian Levine
- June 24 Mark Frydenberg, in memory of his father, Bernie Frydenberg
- June 29 Martin Taubman, in memory of George Mikelbank





Temple Beth Israel Memorial Park

Temple Beth Israel has maintained a cemetery for its members since 1951. Beth Israel Memorial Park is located on South Street, between the Stanley Elementary School and Children's Hospital. Graves are available in Section A (the right side as you enter the cemetery), Section B (the left side as you enter the cemetery) and in Kulanu (the left side, after Section B). The cost to purchase an individual

grave in Sections A or B for Temple members is \$2,200 (\$4,400 for two). The cost for non-members is \$3,600 per grave, which includes one year of membership.

You must be a Temple member for two or more consecutive years to take advantage of Member pricing; Non-member pricing applies to all others.

Kulanu is dedicated to serving the needs of Jewish Temple members who are married to a non-Jewish Graves in the Kulanu interfaith section are sold in lots of two, at a total cost of \$4,400 for The cost for non-members is \$7,200 for a lot of two, which includes one year of family members. membership.

If you are interested in purchasing one or more graves, please contact Jay Trilling of Menorah Cemetery Management Corporation at (857) 636-9440.

—Jim Baron and Alan Levine **Cemetery Committee Chairs**

TBI Bookshelf

By Marilyn Racette

TBI now has books on display outside our Library. If you find a book you would like to read, feel free to take it home and enjoy it.

Donations welcome so we can purchase newer books to add to our collection.

Temple	Beth	Israel	Donation	Form
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For your convenience, please use this form to make your donations and send to: Temple Beth Israel, 25 Harvard Street, Waltham, MA

Attached is my donation check in the amount of \$ Please allocate it to the following funds. General Fund Mark Frydenberg Event Participation Fund Rabbi's Discretionary Fund High Holiday Fund TBI Community Outreach Warming Center Fund Saturday Kiddush Fund -(Minimum \$200) This donation is being made in honor of in memory of This donation is made by: Name: Address: Address: City/State/Zip City/State/Zip	02453. You may also donate online at http://tbiwaltham.org	g/donate. The minimum donation amount is \$10. Please add addition
General Fund Mark Frydenberg Event Participation Fund Rabbi's Discretionary Fund High Holiday Fund TBI Community Outreach Warming Center Fund Saturday Kiddush Fund -(Minimum \$200) This donation is being made in honor of in memory of This donation is made by: Name: Address: Name: Address: Address:	information on another sheet.	
TBI Community Outreach Warming Center FundSaturday Kiddush Fund -(Minimum \$200) This donation is being made in honor of in memory of This donation is made by: Name: Address: Address:	Attached is my donation check in the amoun	nt of \$ Please allocate it to the following funds.
This donation is made by: Name: Address: Please send acknowledgment to: Address:	, ,	, , , , , , , , , , , , , , , , , , , ,
Name:	This donation is being made in honor of in memory o	of
Address: Address:	This donation is made by:	Please send acknowledgment to:
Address: Address:	Name:	Name:
City/State/ZipCity/State/Zip		Address:
	City/State/Zip	City/State/Zip



Help us save on postage!

Pick up your copy of Temple Talk at the synagogue or read it online at www.tbiwaltham.org.

Mark Your Calendar! May Highlights

	Kabbalat Shabbat Service
Friday Night Shabbat Service	In House and Online 6:30pm First Friday of the month
	Welcoming Shabbat Service online only- 5:30—6:00 all other Fridays
Shabbat Morning	Shabbat Morning Services - at 9:30am In House and Online
Rosh Chodesh Group	See Page 3 for Details
TBI Portraits	See page 4 for details
Check out our Programs	See page 2, 3, and 4 for details
CJP SAFETY TRAININGS	See Page 4
Minyan, Breakfast & Hot Topic	See Pages 2 for Details